



Minnesota Department of **Human Services**

Elderly Waiver/Alternative Care Programs

Lisa Rotegard

lisa.rotegard@state.mn.us

Manager

Aging and Adult Services

MN Department of Human Services

Who is Eligible for EW?

- Age 65 or older
- Eligible for Medical Assistance
 - * Needs to meet a basis of eligibility
 - * Needs to meet financial eligibility criteria
- A Minnesota resident
- Need nursing home level of care as determined by the Long-Term Care Consultation process (LTCC)
- Requires a waiver service to remain in the community
- Applicant chooses to reside in the community
- Has not improperly disposed of assets



Service Delivery Systems for Elderly Waiver Recipients

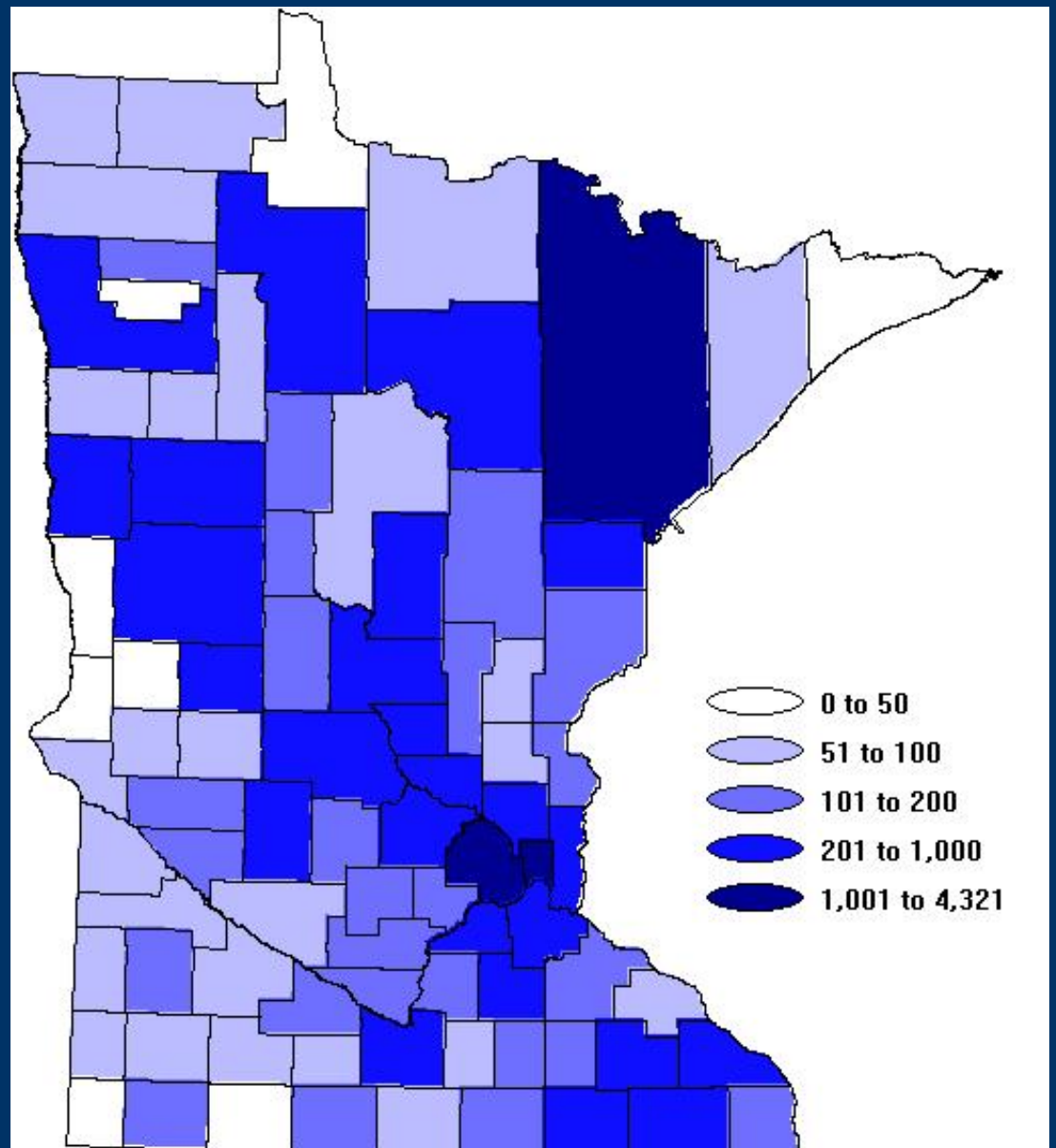
- **Fee for Service (FFS):** The provider bills MN Dept of Human Services for each service
- **Minnesota Senior Care Plus (MSC+):** 2003 State Legislation adds LTC to basic Medicaid Managed Care package. Includes basic services plus LTC services (EW and 180 days NF) It is now being implemented in 80 counties. Expanding to Metro counties in 2009. MSC+ will replace MSC.
- **Minnesota Senior Care Options (MSHO):** Includes Medicare and Medicaid services , acute, basic and long term care benefits, and is voluntary. It is available in 83 counties.



Minnesota Elderly Waiver Clients by County FY2009

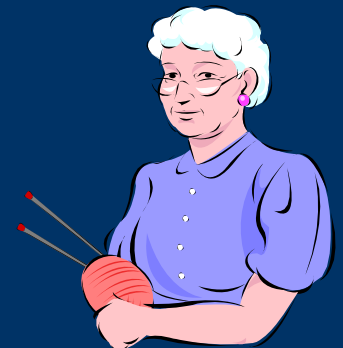
Total Eligible
EW Clients
22,997

DHS Data
Warehouse
9/1/2009



Who is Eligible for AC?

- Age 65 years or older, and
- Assessed by the county LTCC team to have needs at a nursing facility level of care, and
- Type and amount of AC services available (based on 75% of EW case limit) will meet client needs and ensure health and safety, and



Who is Eligible for AC?

- Applicant chooses to reside in the community, and
- Financial resources equal to 4.5 months of NF care, and
- Capable of meeting own remaining health needs and long term care needs, as well as meeting a monthly fee requirement, and
- Did not improperly dispose of assets
- AC clients may also be eligible for Medicare savings programs such as QMB, SLMB, and QI1

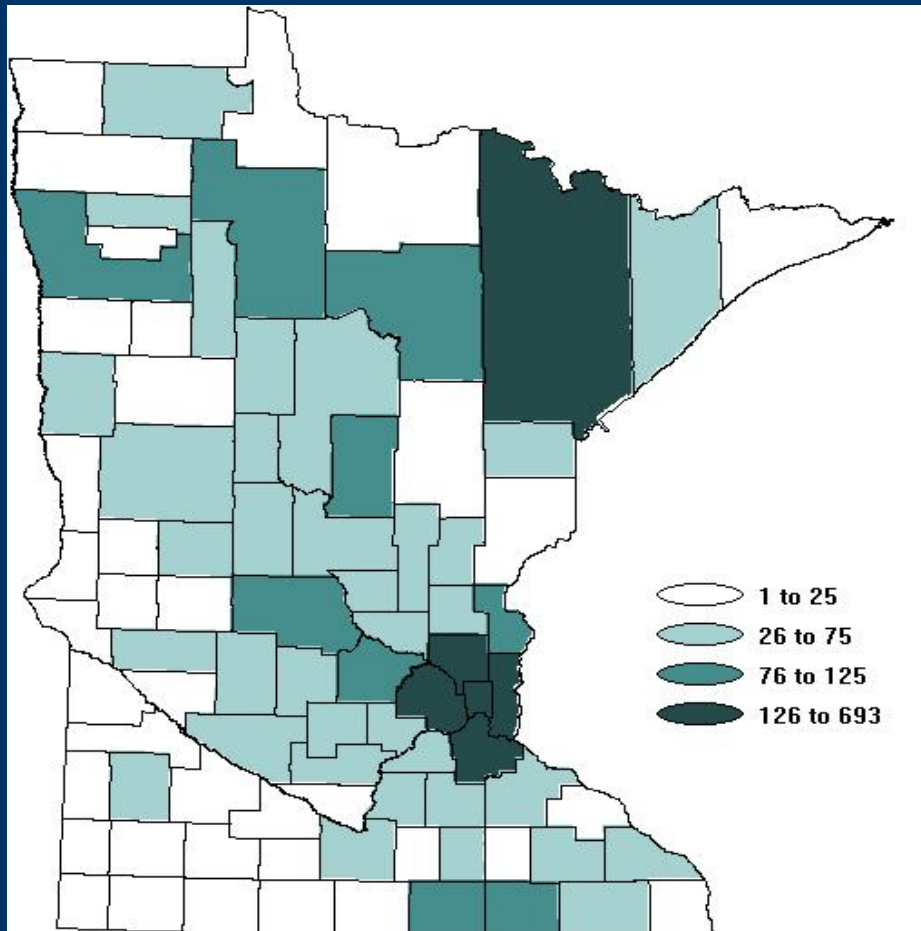


Financial Eligibility for AC

- Involves both income and assets;
~\$23,200
- There is a difference depending on marital status and spouse status
- There can be allocation of assets and or income to the spouse for married persons.
- Determination of client monthly fee collected by the Department



Minnesota Alternative Care Clients by County FY2009



Total Eligible AC Clients
5,079



EW/AC Program Outcomes

- **Consumer access** – informed selection about available services and options
- **Consumer participation and choice** – free choice of providers and choice of services in non institutional settings-consumer participates in the plan
- **Program is appropriate to need**-cannot be met by state plan services only(EW specific) & no other payment options.
- Services designed to meet assessed individual needs and are **addressed in the community support plan**
- Most **cost effective** service to meet the needs and are within established budget caps
- **Participant Safeguards** – consumers are informed and can exercise rights and responsibilities
- Service contracts are based on state service definitions and provider standards



Services Meet EW/AC Goals

- Is the service needed to prevent NF level of care?
- If the need were not met – would this result in NF admission?
- Is the service needed to support home and community living?
- Does the service help to enhance self sufficiency?
- Is the service needed to support and extend informal care giving?
- Do services exist across all levels of support?
- Does authorization of services reflect individual need as assessed and addressed in the community support plan.



Lead Agency Roles

- Provide access to LTCC and CM functions, determine eligibility, develop and implement service plan
- Administer AC and EW in a manner that meets goals of the programs
- Contract for providers that meet approved standards, negotiate rates (to limits in law),
- Complete EW/ AC quality functions under state's quality management plans
- Manage local access, provider capacity, and cost-effectiveness



EW/AC Covered Services

- Environmental Modifications and Adaptations
- Chore Services
- Service Transportation
- Homemaker
- Home Delivered Meals
- Companion Services
- Respite Care
- Adult Day Care
- Adult Day Care Bath
- Caregiver Training and Support
- Consumer Directed Supports
- Case Management
- See Ch. 26A of the Provider Manual



EW Only Covered Services

- Customized Living Service
- 24 hour Customized Living Service
- Residential Care Services
- Adult Foster Care Services – Corporate and Family
- Transitional Supports
- Extended State Plan Home Care



AC Only Covered Services

- Nutrition Services
- Discretionary Services- (up to 25 % of county allocation as approved by Commissioner)



Home Delivered Meals

- Nutritionally balanced(1/3 daily RDA) meal served at appropriate temperature to enrollee in their home or apartment
- Provided to person's unable to prepare a meal and with no other person to do it
- Meets enrollees dietary requirements most cost effectively
- Limited to one a day
- Providers(agencies or individuals) must comply with MN Rules parts 4626.0010 to 4626.1870 and any other local ordinance pertaining to preparation, handling, and serving food .



Home Delivered Meals

- Home delivered meals are not covered for enrollees in receipt of Family Foster Care, or Board and Lodge Services.
- No contribution to the cost of the meal can be required unless it is the waiver obligation for certain EW clients.
- Home delivered meals are only available under AC and EW for persons otherwise eligible to receive a meal under Title 3 when there are waiting lists or demand exceeds the available funding for those meals .



Nutrition Services (AC only)

- **Nutrition Counseling** is one or more individual sessions in which a qualified professional provides advice or guidance in solving a person's diet related needs.
- **Nutrition Education** is an individual or group event which provides formal or informal opportunities for individuals to acquire knowledge, experience and skills about foods and nutrition.
- **Provider Standards:** licensed dietitian or nutritionist, qualified dietitian or registered nurse in accordance with MN Statutes Public Health Occupations 148.621; MN Rules Chapter 3250



Current Rates and Units

Effective Oct. 1, 2008:

Home Delivered Meal- \$6.32 (max)

Nutrition Services Visit - \$78.06 (max)

- During FY 2007 there were 616,523 (AC) 554,355 (EW/FFS) and 697,202 (EW/MCO) home delivered meals delivered for a total purchase price of \$7.2 million dollars.
- (See Bulletin #08-69-02 for all AC/EW current rates)



Rate Variation

- In FY 2007, the average rate authorized for home delivered meals fell slightly below the maximum allowable.
- MCO/EW meals = \$5.68
- FFS/EW meals = \$5.84
- AC meals = \$5.75

*Negotiated payments may be adjusted to reflect grants, and other anticipated revenue that result in lowering meal costs for all payers.

