Minnesota Board on Aging
Mission and Roles

Administrator
Advocate
Advisor
Minnesota’s population by age groups

Sources: U.S. Census Bureau, 2012 population estimates
Number of MN’s older adults will increase substantially over the next 20 years

Change in older adults, age 65+ (Thousands)

Sources: U.S. Census Bureau and Minnesota State Demographic Center
County-level differences in aging

*In 35 counties, more than 1 in 5 residents are 65+ (i.e., 20% or more)

*Highest = Aitkin, at 30% of population being 65+

*Lowest = Scott, only county below 10%

Availibility of workers to care for aging population: darker areas will struggle more

- 20% = 5 working-age adults for every older adult
- 33% = 3 working-age adults for every older adult

Source: MN Compass
Survey of Older Minnesotans: A History

Highlighted in this presentation

- Work & Retirement
- Transportation
- Communities for a Lifetime
- Support Resources
- Caregiving
- Health & Long-Term Services & Supports
- Special Concerns
Work and Retirement
Older Adults Work Longer, Delay Retirement

Survey Question: Do you consider yourself retired? Are you currently working at a paying job?
Volunteer Rates Are Decreasing

Survey Questions: Sometimes people help others by doing things such as driving them to appointments, .... In the past 12 months, have you provided any of this kind of help? People also help organizations such as churches, libraries, hospitals, neighborhood groups or service clubs. In the past 12 months, have you provided help to ORGANIZATIONS in your neighborhood or community?
Communities for a Lifetime
Fewer Seniors Move South in Winter

Survey Question: Do you live in a state other than Minnesota part of the year?
Most Older Adults Own the Homes They Live In

![Graph showing the percentage of older adults who own, rent, or live with others rent free by age group.](graph.png)
In order for you to stay in your current home, do you need assistance with...
If you could no longer live independently for health reasons, what do you think you would most likely do?

- Stay in home
- Move to assisted living or SNF
- Share residence
- Something else
Smaller Proportion of Older Adults Live in Senior Housing

Survey Question: (If living in apartment/multi-unit building or rooming house only) Is this housing for older adults only?
Health and Long-Term Services and Supports
Older Adults Continue to be Healthy

Survey Question: In general, would you describe your current health as excellent, good, fair, poor, or very poor?
Oldest Minnesotans Need Less Help with IADLs

Survey Question: Do you have difficulty (shopping for groceries) because of a health or physical problem?
Planning can help me stay at home

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<thead>
<tr>
<th>Age Group</th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
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<tbody>
<tr>
<td>50-54</td>
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<td>70-74</td>
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<td>75-84</td>
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<td>85+</td>
<td>19%</td>
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<td>63%</td>
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I’d rather deal with long-term care needs when they occur

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<thead>
<tr>
<th>Age Group</th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
<th>Don't Know</th>
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<td>85+</td>
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<td>26%</td>
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Many Older Adults Expect Savings or Insurance to Pay for Long-Term Care
(Respondents 50 and Older)

Survey Question: If you need long-term care (for example: help in your home, assisted living or nursing home care) at some time in the future, how do you think that will most likely be paid for? Would you say....

* Equity in home was not given as an option in 2005
Gaps Analysis

Lead agency representatives rated:

- transportation,
- chore services,
- personal care assistance, and
- respite care

among the largest or most significant gaps between older adults’ needs and the availability of services to meet them.
Caregiving
Unpaid Caregiving is Slightly Increasing

Proportion of respondents receiving any help who receive unpaid help

- Unpaid help only
- Any unpaid or paid help

1988: 89%
1995: 79%
2001: 61%
2005: 80%
2015: 83%
Rate of Caregiving is Increasing

Proportion of caregiving older adults

1988: 9%
1995: 7%
2001: 11%
2005: 10%
2015: 12%
Proportion of Older Adults with Prospective Caregiver is Increasing

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<thead>
<tr>
<th>Year</th>
<th>Proportion</th>
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<tbody>
<tr>
<td>1988</td>
<td>83.4%</td>
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<td>1995</td>
<td>81.9%</td>
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<td>2001</td>
<td>84.2%</td>
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<td>2005</td>
<td>86.9%</td>
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<tr>
<td>2015</td>
<td>89.8%</td>
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Older Adults Receive Less Help with IADLs

Proportion of older adults needing help with IADLs that receive help

- Grocery Shopping
- Heavy Housework
- Light Housework
- Meal Prep
- Getting Outside
- Managing Money

Older Adults Continue Receiving Most Help from Spouse or Children

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<td>Child/Child-In-Law</td>
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<td>Paid Care</td>
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<td>Other Family/Friends/Neighbors</td>
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<td>Other</td>
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Percentage of Respondents Receiving Care
Hours Spent Caregiving by Older Adults Age 60 and Older Varies Over Time

Proportion of older adults providing care

- Hours Caregiving per Week
  - Less than 1
  - 1-8
  - 9-20
  - 21-40
  - 41 or more

Years:
- 1988
- 1995
- 2001
- 2005
- 2015
For More Information

Contact

Kari Benson
Kari.Benson@state.mn.us

Julie Angert
Julie.Angert@state.mn.us

Visit the site
http://www.mnaging.net/en/Advisor/SurveyOlderMN.aspx