

Compassion Fatigue Suggested Reading Resources

Campbell, Joseph (1981), *The Hero's Journey*, Harper San Francisco

Figley, Charles (1995), *Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized*, New York: Brunner-Mazel

Gilley, K (1997), *Leading from the Heart*, Boston: Butterworth-Heinemann

Hilfiker, D. (1985), *Healing the Wounds: A Physician Looks at His Work*, New York: Pantheon Books

Hopkins, Jeffrey (2001), *Cultivating Compassion: A Buddhist Perspective*, New York: Broadway Books

Housden, Roger (2000), *Ten Poems to Change Your Life*, New York: Harmony Books

Kabat-Zinn, J. (1994), *Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life*, New York: Hyperion

Myss, Caroline (1997), C. Norman M.D. Shealy, *Anatomy of the Spirit: The Seven Steps of Power and Healing*, New York: Three Rivers Press (Random House)

Myss, Caroline (rev. 1998), *The Creation of Health: The Emotional, Psychological, and Spiritual Responses that Promote Health and Healing*, New York: Three Rivers Press (Random House)

Myss, Caroline (2001), *Sacred Contracts: Awakening Your Divine Potential*, New York: Harmony Books

Rosenberg, Marshall B. (2001), *Non-Violent Communication: A Language of Compassion*, Encinitas, CA: PuddleDancer Press

Schweitzer, Dr. Albert (1933), *Out of My Life and Thought*, Baltimore: The Johns Hopkins University Press