



## Is your community senior friendly? Checklist

Focus areas	Yes	No
<b>Focus on community services</b>		
Chore services – outside and/or heavy		
Informal support availability (family caregiver, volunteer)		
Home health care		
Campus, community of care		
Affordable services		
<b>Focus on public services</b>		
Proximity of clinic and hospital		
Transportation—public and special		
Safety, security, emergency –police & firefighters trained for special issues of elderly, information & assistance		
<b>Focus on physical infrastructure</b>		
Sidewalks & walkable (exercise)		
ADA accessibility, visitability standards		
Signage		
Parking (ample)		
Planning/zoning – especially location of “senior” designate housing		
Housing – (a) affordable “choices;” (b) accessible/universal design; (c) repair/maintenance/remodeling for private homeowners		
<b>Focus on social infrastructure</b>		
Volunteering (rate of)		
Groups per capita (e.g., FIA, civic organizations, bowling leagues, choirs)		
Expectations/roles for older people – leadership/mentoring, lifelong learning, etc.		
“Community attitudes” -- friendliness, welcoming atmosphere, prevalent attitudes toward aging		
Visibility of older people		
Inter-generational programming/opportunities		
<b>Focus on business</b>		
Jobs for older workers, number of older workers		
Basic goods & services needed by everybody (aka older people), viz. grocery, pharmacy, bank, “shopping”		
Delivery services to seniors		
Family-friendly employers (esp. for family caregivers)		
Vital regional economy, labor force		

