

# Helping Families Care for Older Adults



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[www.echominnesota.org](http://www.echominnesota.org)  
1-888-883-8831 Recorded health info line  
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ECHO (Emergency and Community Health Outreach) and the Minnesota Area Agencies on Aging are proud to announce a television program for limited English speaking populations to air on Twin Cities Public Television's Minnesota Channel 17.

The program will inform viewers about the importance of family caregiving and provide information for people who are caring for an older family member or friend.

*Helping Families Care for Older Adults* will be aired in Spanish, Hmong, Somali, Vietnamese, Lao and Khmer (Cambodian).

**Sunday, November 19**

**Spanish 8:00 p.m.**

**Hmong 8:20 p.m.**

**Somali 8:40 p.m.**

**Sunday, November 26**

**Vietnamese 8:00 p.m.**

**Lao 8:20 p.m.**

**Khmer 8:40 p.m.**

All shows repeat on the last two Saturdays of December beginning at 11 p.m.  
View shows at [www.echominnesota.org](http://www.echominnesota.org)

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