

Table 16
2001 Survey of Older Minnesotans
Statewide Population 55+
Lost or Gained 10 Pounds Without Wanting To

	Total Number	Lost or Gained 10 Pounds Last 6 Months	Did Not Loose or Gain 10 Pounds Last 6 Months
State Total	2,472	15.8%	84.2%
Age			
55-59	448	18.3%	81.7%
60-64	390	16.7%	83.3%
65-74	913	15.0%	85.0%
75-84	574	15.5%	84.5%
85+	121	13.2%	86.8%
Gender			
Male	931	15.3%	84.7%
Female	1,542	16.1%	83.9%
Marital Status			
Married	1,704	15.3%	84.7%
Not Married	758	16.8%	83.2%
Living Arrangement			
Lives Alone	630	15.7%	84.3%
Lives with Others	1,839	15.8%	84.2%
Education			
Less than High School	341	20.2%	79.8%
High School Graduate	890	15.8%	84.2%
Post-Secondary	1,226	14.6%	85.4%
Per Capita Income*			
Less than \$12,000	355	21.4%	78.6%
\$12,000 - \$17,999	401	18.5%	81.5%
\$18,000 - \$29,999	482	13.3%	86.7%
\$30,000+	519	13.9%	86.1%
Region			
NE	397	15.6%	84.4%
W	381	14.2%	85.8%
SE	513	13.6%	86.4%
Metro	1,182	17.3%	82.7%

*Differences are statistically significant.

Survey Question:

Have you lost or gained 10 pounds in the last six months without wanting to?