

**Table 27**  
**2001 Survey of Older Minnesotans**  
**Statewide Population 55+**  
**Functional Status**

Activity	Total Number	Any Difficulty		A Lot of Difficulty or Unable to Do		No Difficulty	
		N	PCT	N	PCT	N	PCT
Doing Heavy Housework	2,470	631	25.6%	305	12.3%	1,839	74.4%
Transfer from Bed or Chair	2,488	160	6.4%	26	1.0%	2,328	93.6%
Shopping for Groceries	2,485	132	5.3%	58	2.3%	2,353	94.7%
Getting Dressed	2,488	108	4.4%	20	0.8%	2,380	96.0%
Preparing Own Meals	2,484	69	2.8%	19	0.8%	2,415	97.2%
Doing Light Housework	2,486	66	2.7%	33	1.3%	2,420	97.3%
Managing Money	2,479	67	2.7%	12	0.5%	2,413	97.3%
Mobility (getting outside)	2,485	65	2.6%	27	1.1%	2,420	97.4%
Personal Care	2,488	63	2.5%	17	0.7%	2,425	97.5%
Using Toilet	2,488	54	2.2%	10	0.4%	2,434	97.8%

**Survey Questions:**

**Because of a health or physical problem do you have any difficulty:**

**Preparing your own meals?**

**Shopping for groceries because of a health or physical problem?**

**Doing heavy housework, like scrubbing floors, mowing the grass, or washing windows?**

**Doing light housework, like doing dishes, straightening up or light cleaning**

**Getting outside of the home or building you live in?**

**Getting dressed, including putting on shoes and socks?**

**With bathing, showering, washing your hair, or shaving?**

**Getting out of bed or out of a chair?**

**Using the toilet, including getting up and down?**

**Do you have any difficulty managing your money, such as keeping track of expenses or paying bills?**

**(If respondent said "Yes" to any of the above) By yourself, how much difficulty do you have ?**