

Table 38
2001 Survey of Older Minnesotans
Statewide Population 55+
Help with Functional Activities

Activity	Any Difficulty with Activity	Percent Receiving Help	Percent No One Helps
	N	PCT	PCT
Doing Heavy Housework	628	86.2%	13.8%
Transfer from Bed or Chair	159	28.8%	71.2%
Shopping for Groceries	132	86.8%	13.2%
Getting Dressed	108	46.1%	53.9%
Preparing Own Meals	69	72.3%	27.7%
Doing Light Housework	66	87.1%	12.9%
Managing Money	67	70.3%	29.7%
Mobility (getting outside)	63	66.0%	34.0%
Personal Care	63	53.7%	46.3%
Using Toilet	54	9.4%	90.6%

Survey Questions:

Because of a health or physical problem do you have any difficulty:

Preparing your own meals?

Shopping for groceries because of a health or physical problem?

Doing heavy housework, like scrubbing floors, mowing the grass, or washing windows?

Doing light housework, like doing dishes, straightening up or light cleaning

Getting outside of the home or building you live in?

Getting dressed, including putting on shoes and socks?

With bathing, showering, washing your hair, or shaving?

Getting out of bed or out of a chair?

Using the toilet, including getting up and down?

Do you have any difficulty managing your money, such as keeping track of expenses or paying bills?

(If respondent said "Yes" to any of the above) By yourself, how much difficulty do you have ?