

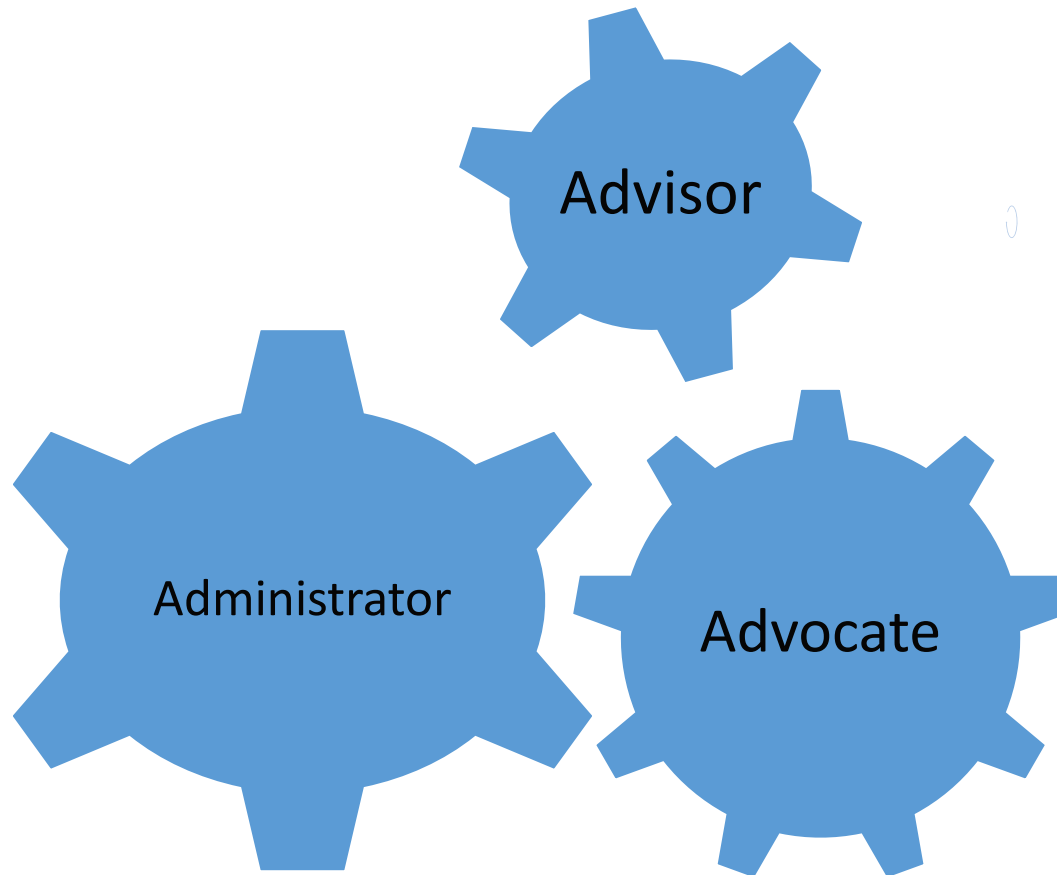
Trends and Opportunities in Supporting Older Minnesotans

October 27, 2016

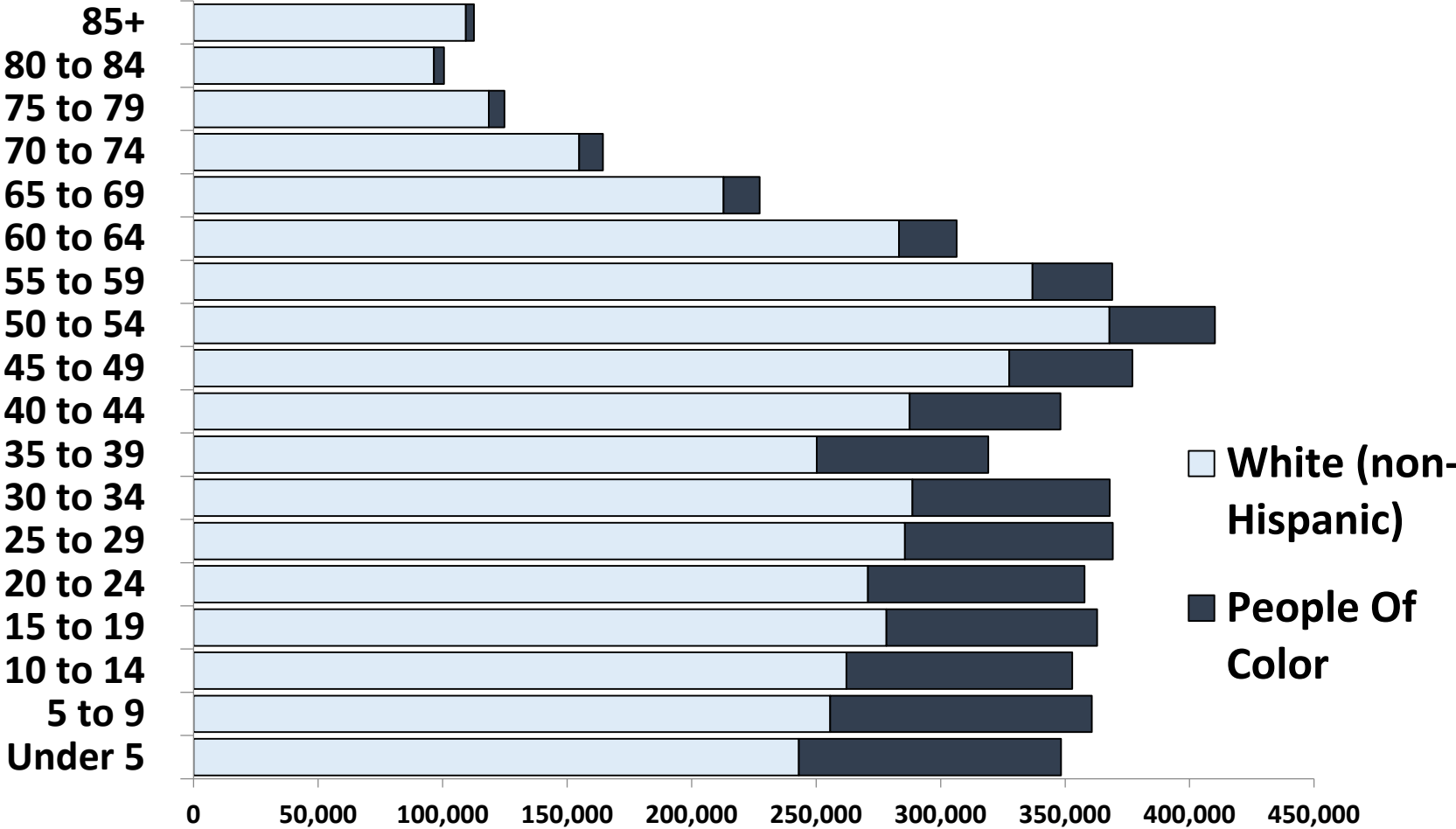
Kari Benson, Executive Director



Minnesota Board on Aging Mission and Roles



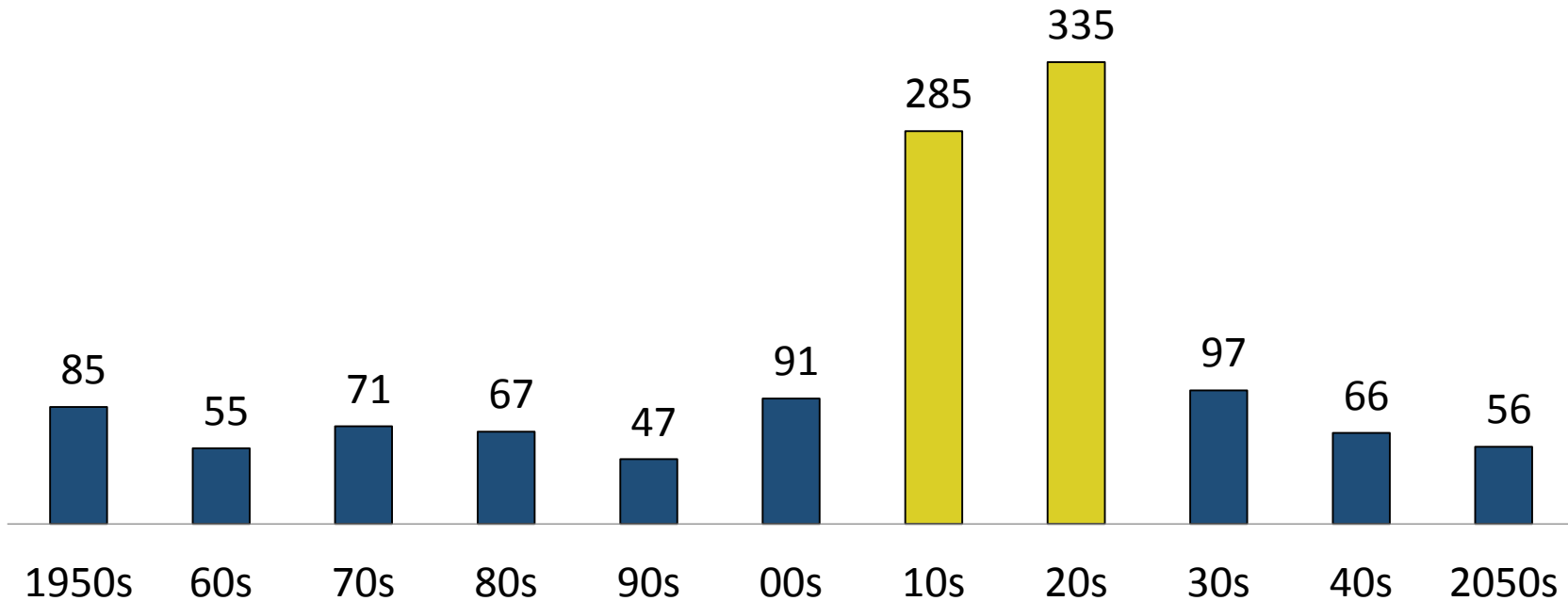
Minnesota's population by age groups



Sources: U.S. Census Bureau, 2012 population estimates

Number of MN's older adults will increase substantially over the next 20 years

Change in older adults, age 65+ (Thousands)



Sources: U.S. Census Bureau and Minnesota State Demographic Center

Population age 65 years and older

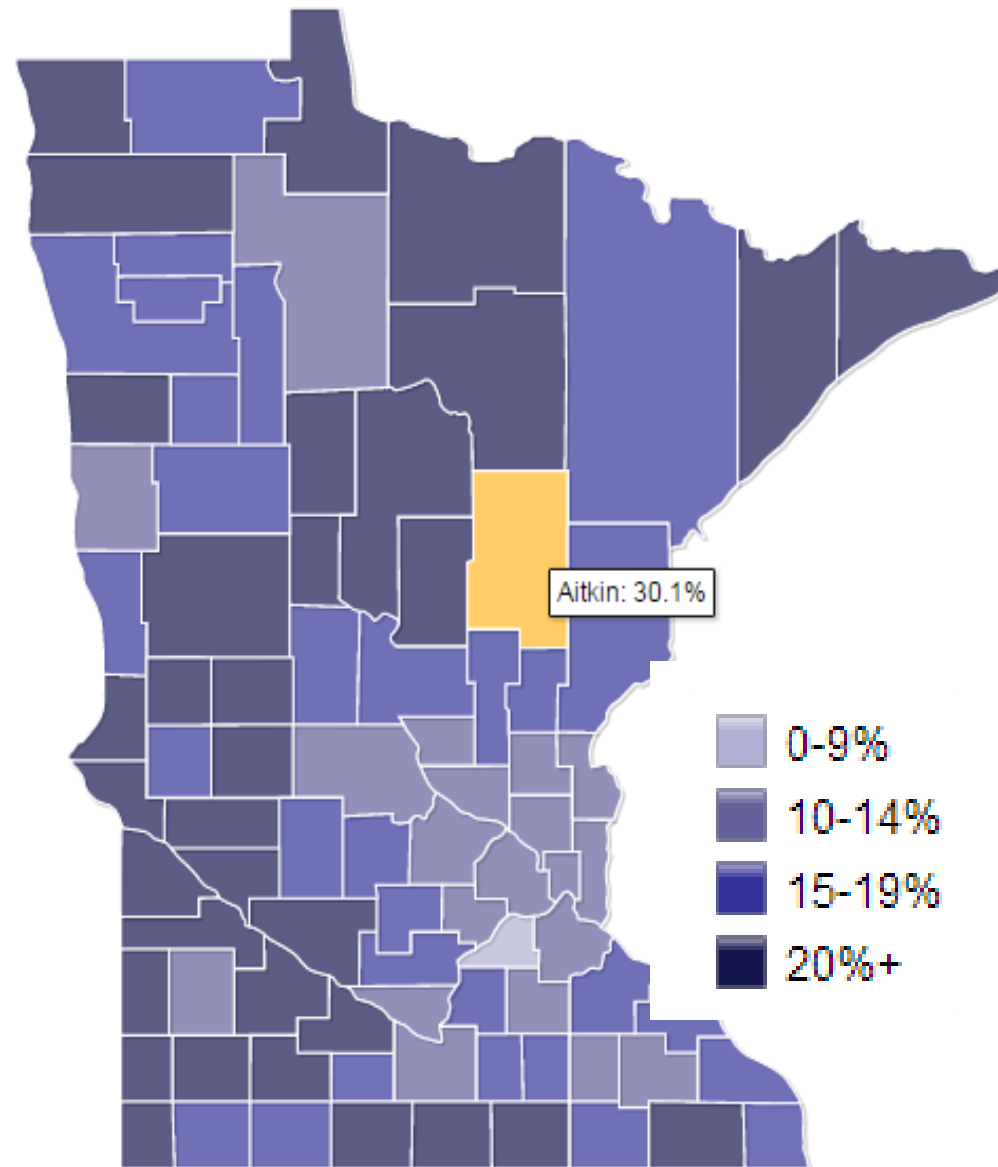
By county, 2014

County-level differences in aging

*In 35 counties, more than 1 in 5 residents are 65+ (i.e., 20% or more)

*Highest = Aitkin, at 30% of population being 65+

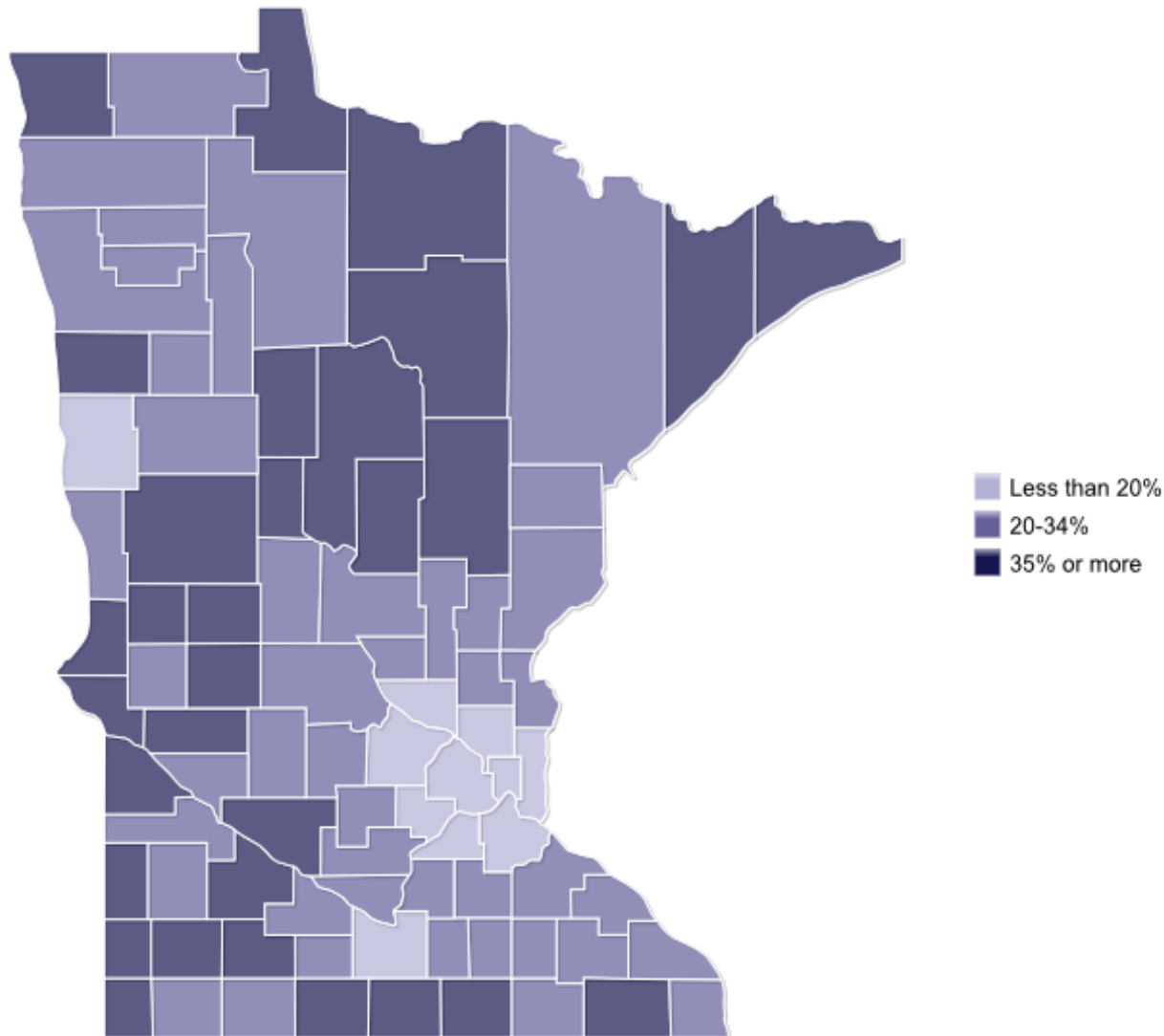
* Lowest = Scott, only county below 10%



Sources: U.S. Census Bureau Population Estimates, via MNCompass.org.

Retirement- to working-age ratio

By county, 2013

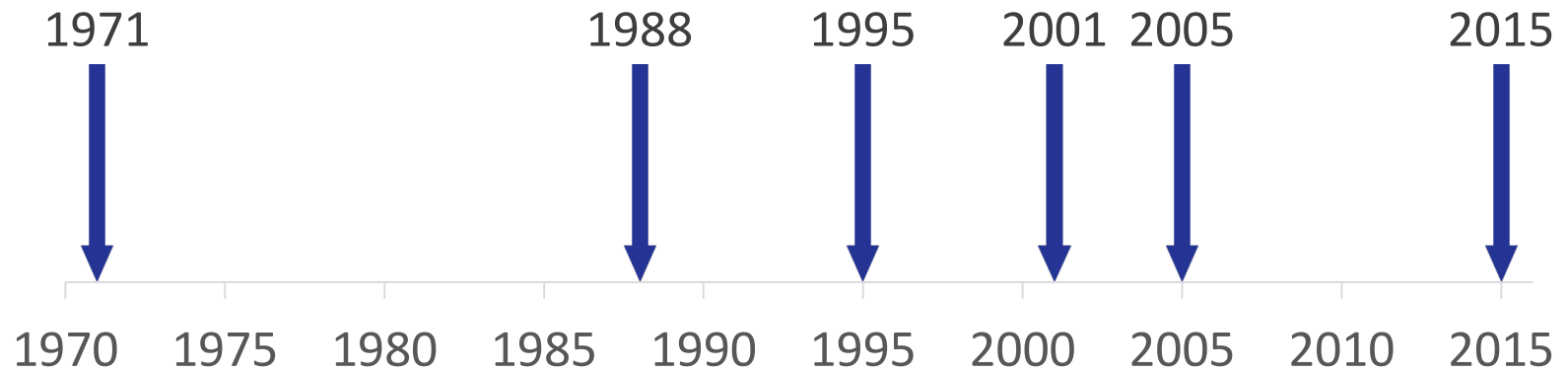


Availability of workers to care for aging population: darker areas will struggle more

20% = 5 working-age adults for every older adult

33% = 3 working-age adults for every older adult

Survey of Older Minnesotans: A History



Highlighted in this presentation

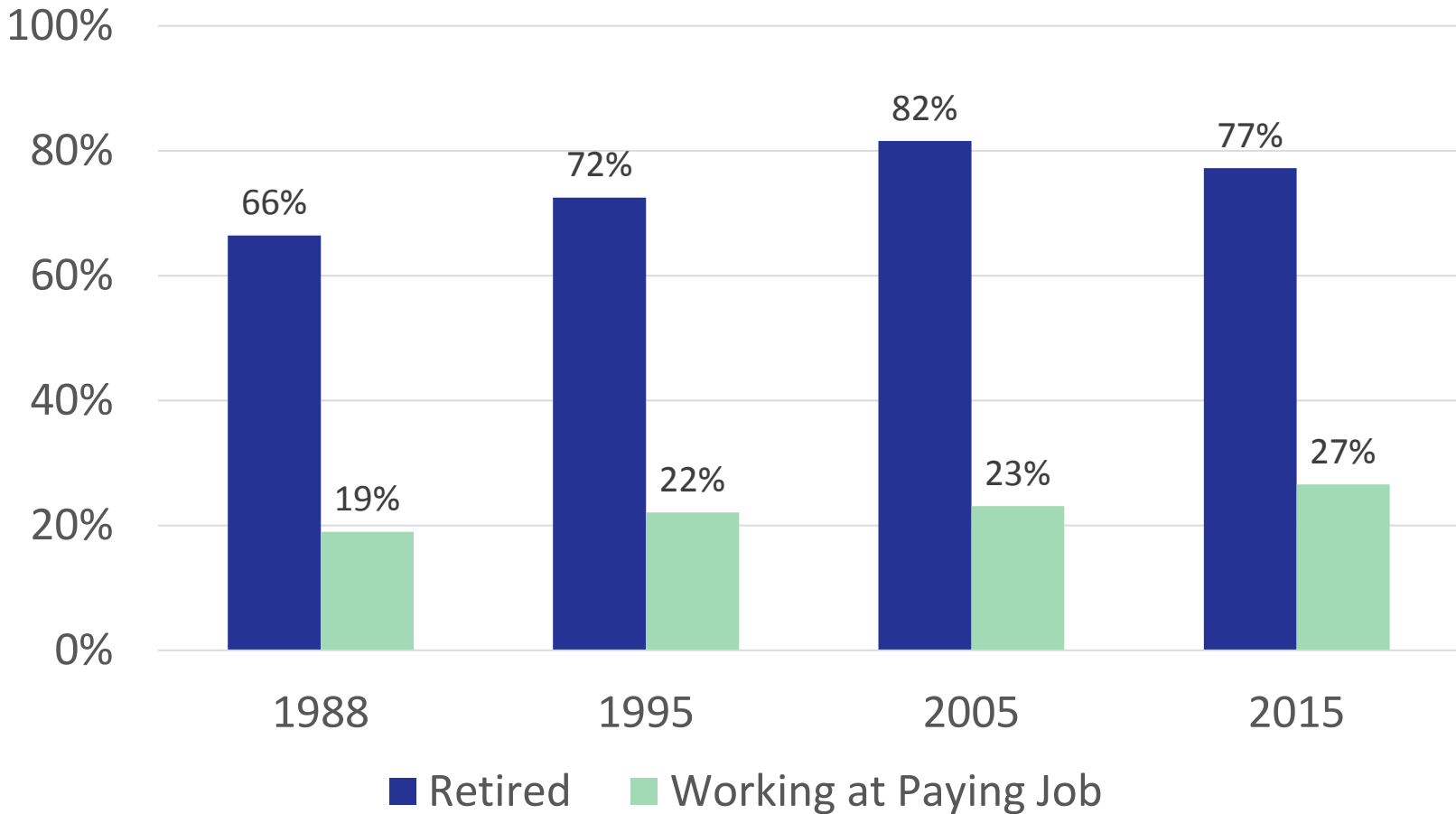


- Work & Retirement
- Transportation
- Communities for a Lifetime
- Support Resources
- Caregiving
- Health & Long-Term Services & Supports
- Special Concerns

Work and Retirement

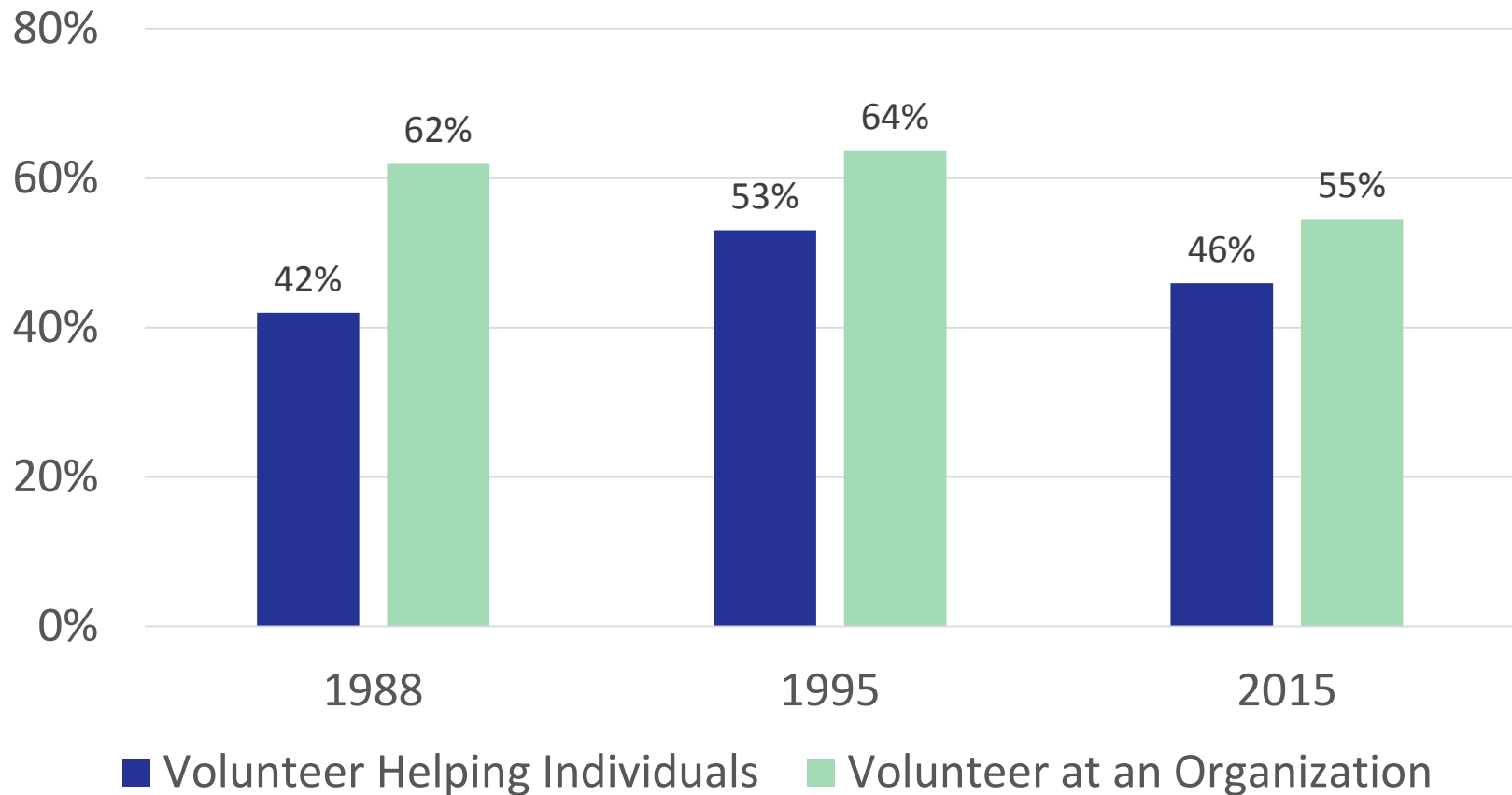


Older Adults Work Longer, Delay Retirement



Survey Question: Do you consider yourself retired? Are you currently working at a paying job?

Volunteer Rates Are Decreasing

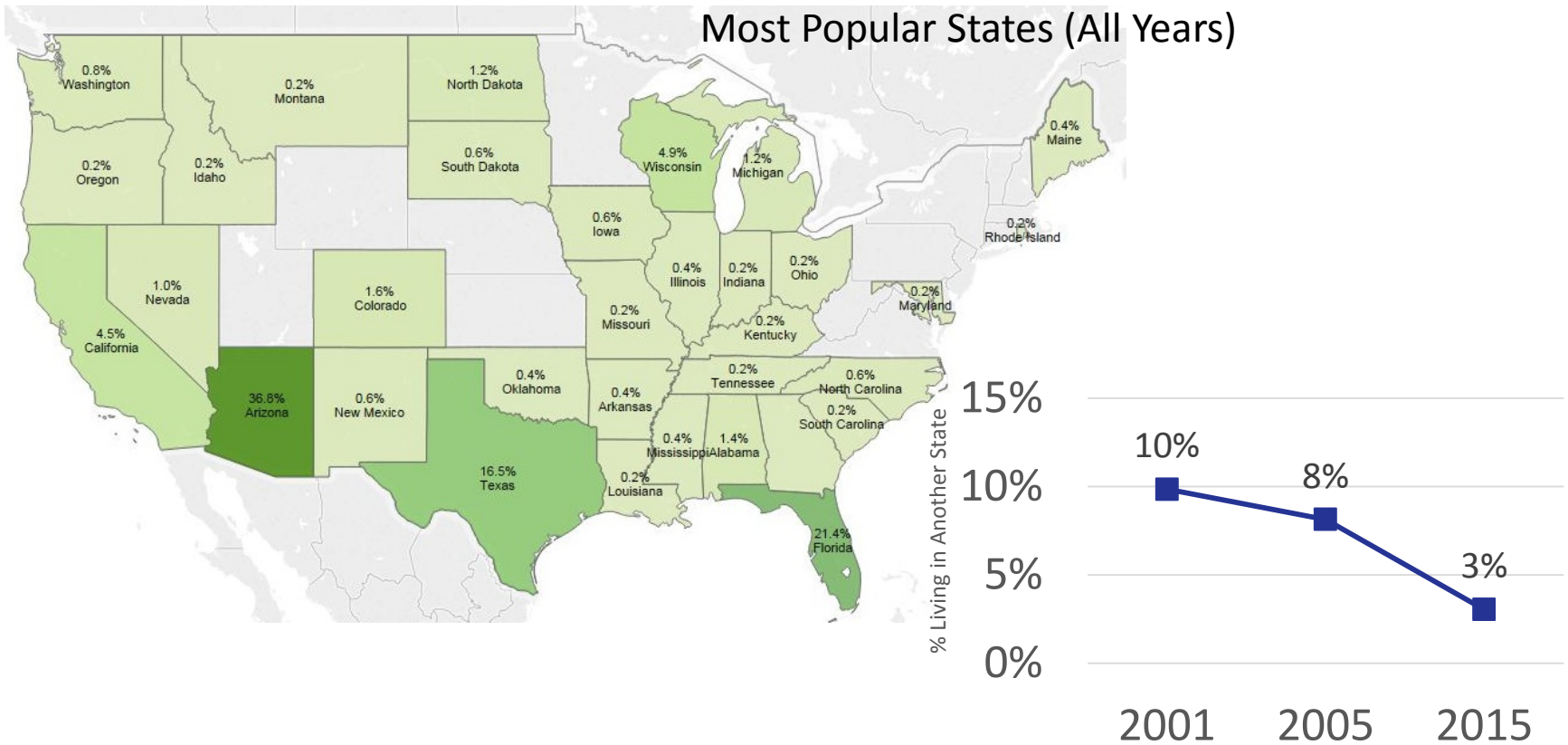


Survey Questions: Sometimes people help others by doing things such as driving them to appointments, In the past 12 months, have you provided any of this kind of help? People also help organizations such as churches, libraries, hospitals, neighborhood groups or service clubs. In the past 12 months, have you provided help to ORGANIZATIONS in your neighborhood or community?

Communities for a Lifetime

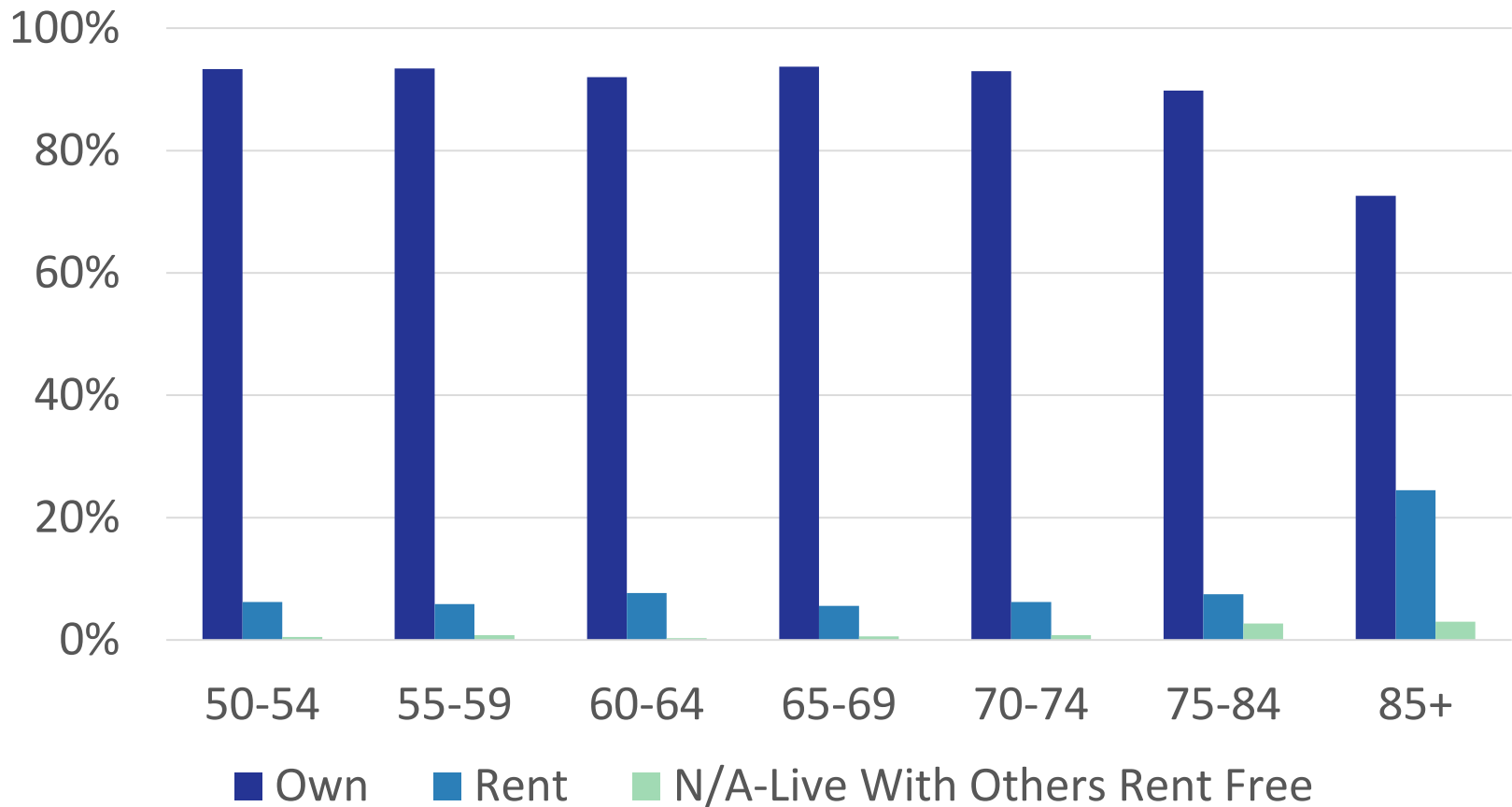


Fewer Seniors Move South in Winter

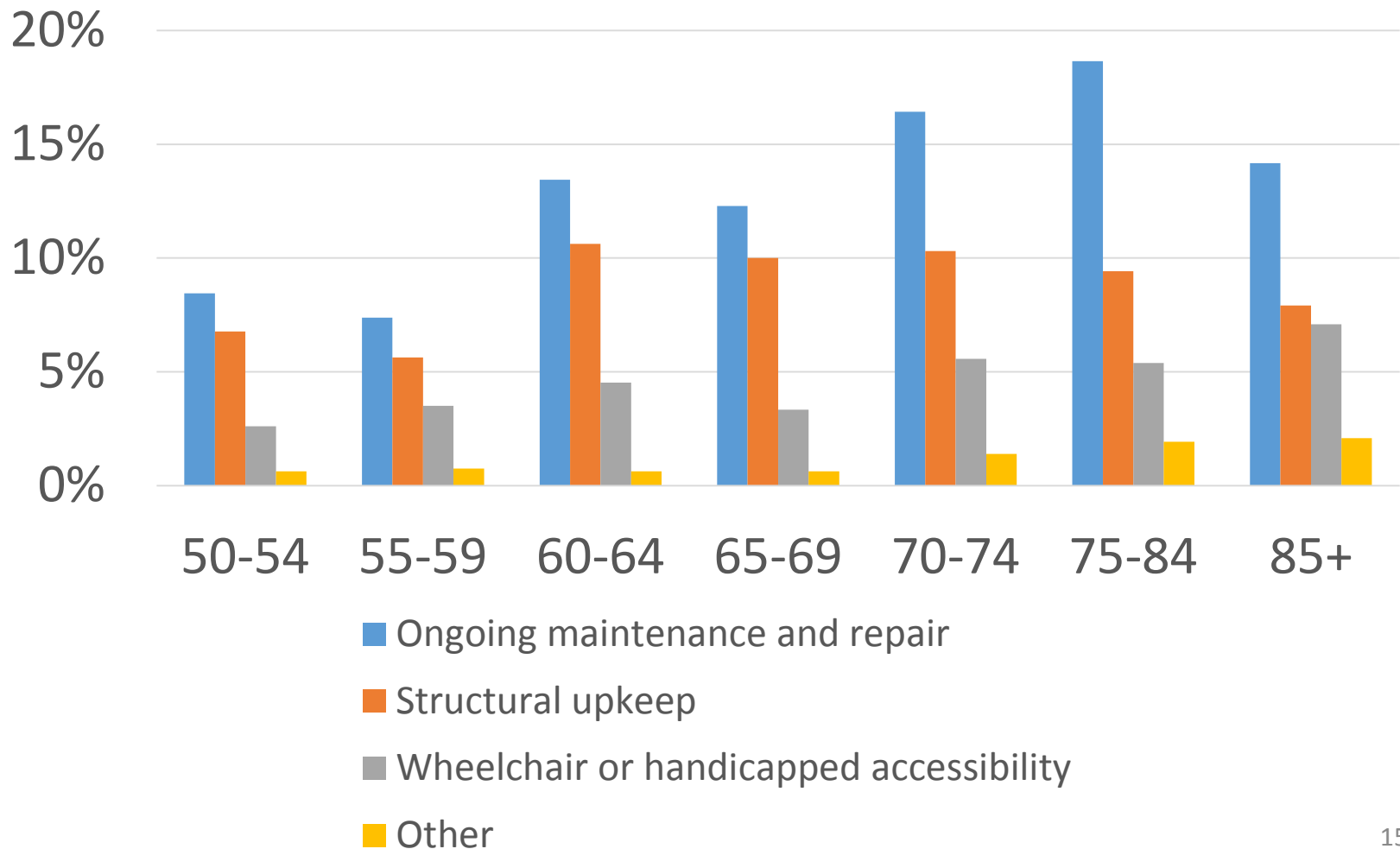


Survey Question: Do you live in a state other than Minnesota part of the year?

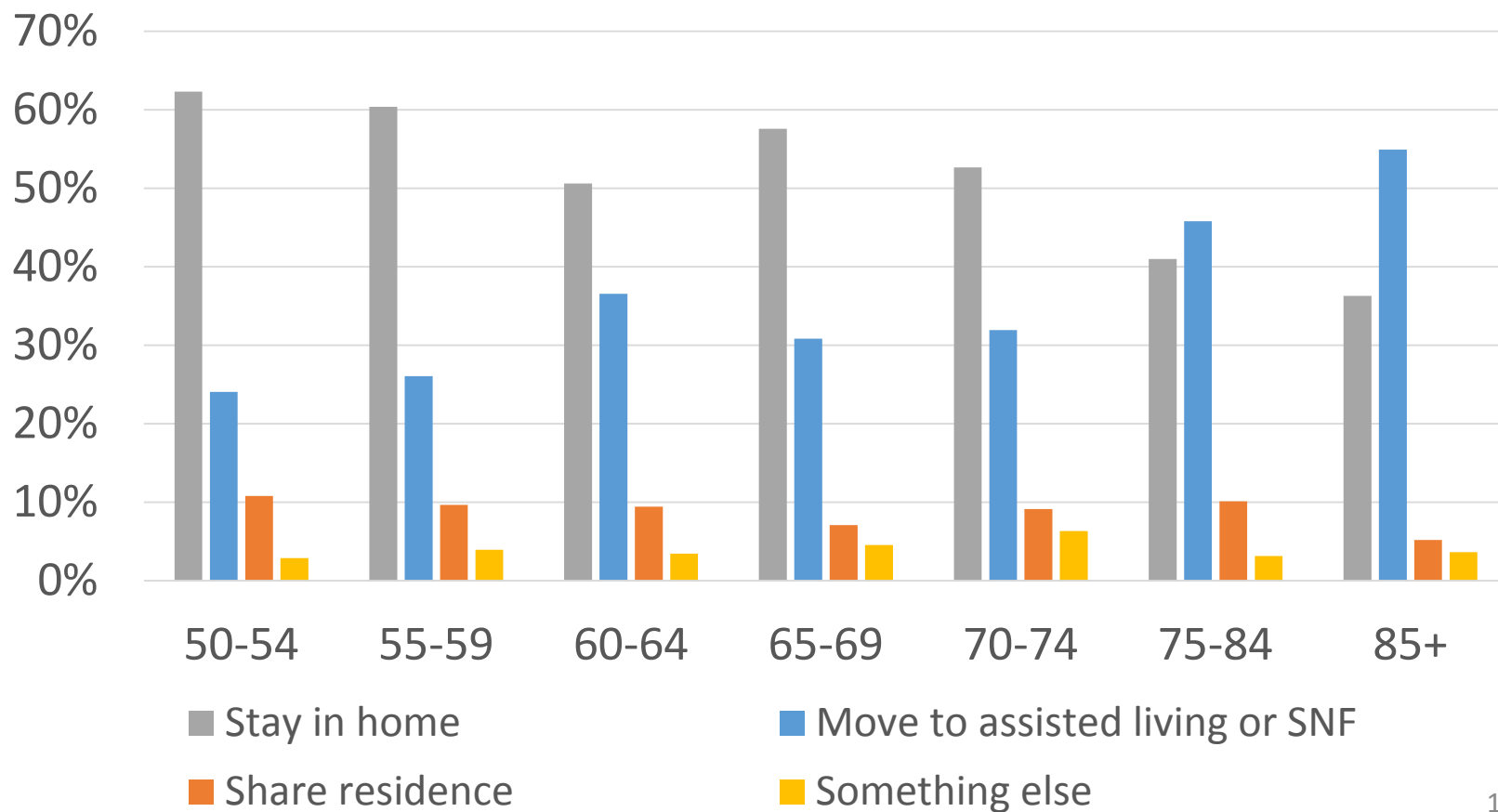
Most Older Adults Own the Homes They Live In



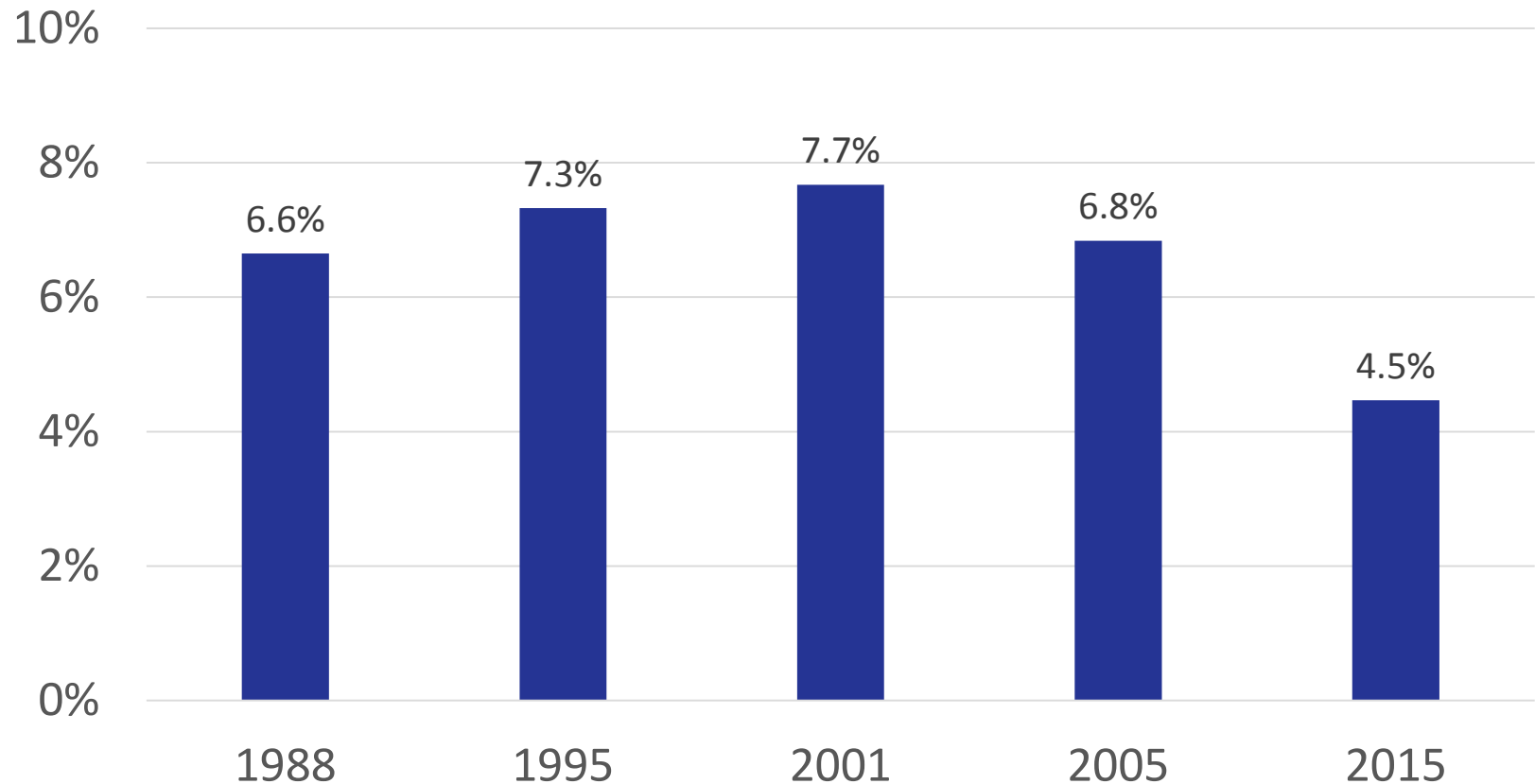
In order for you to stay in your current home, do you need assistance with...



If you could no longer live independently for health reasons, what do you think you would most likely do?

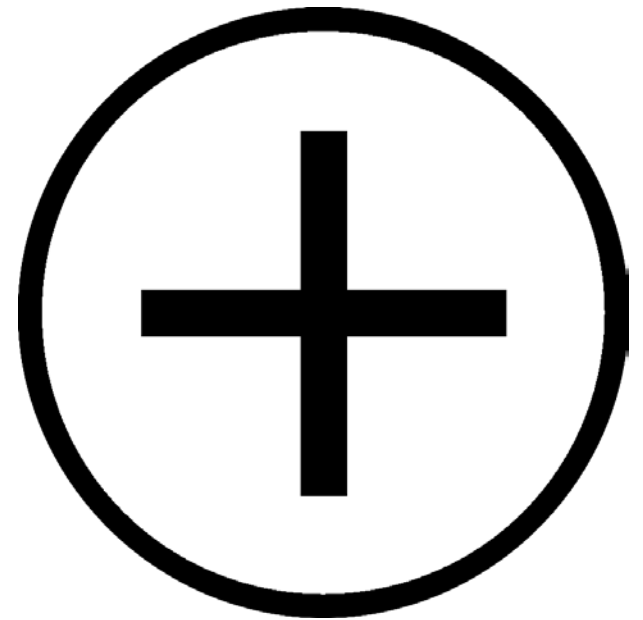


Smaller Proportion of Older Adults Live in Senior Housing

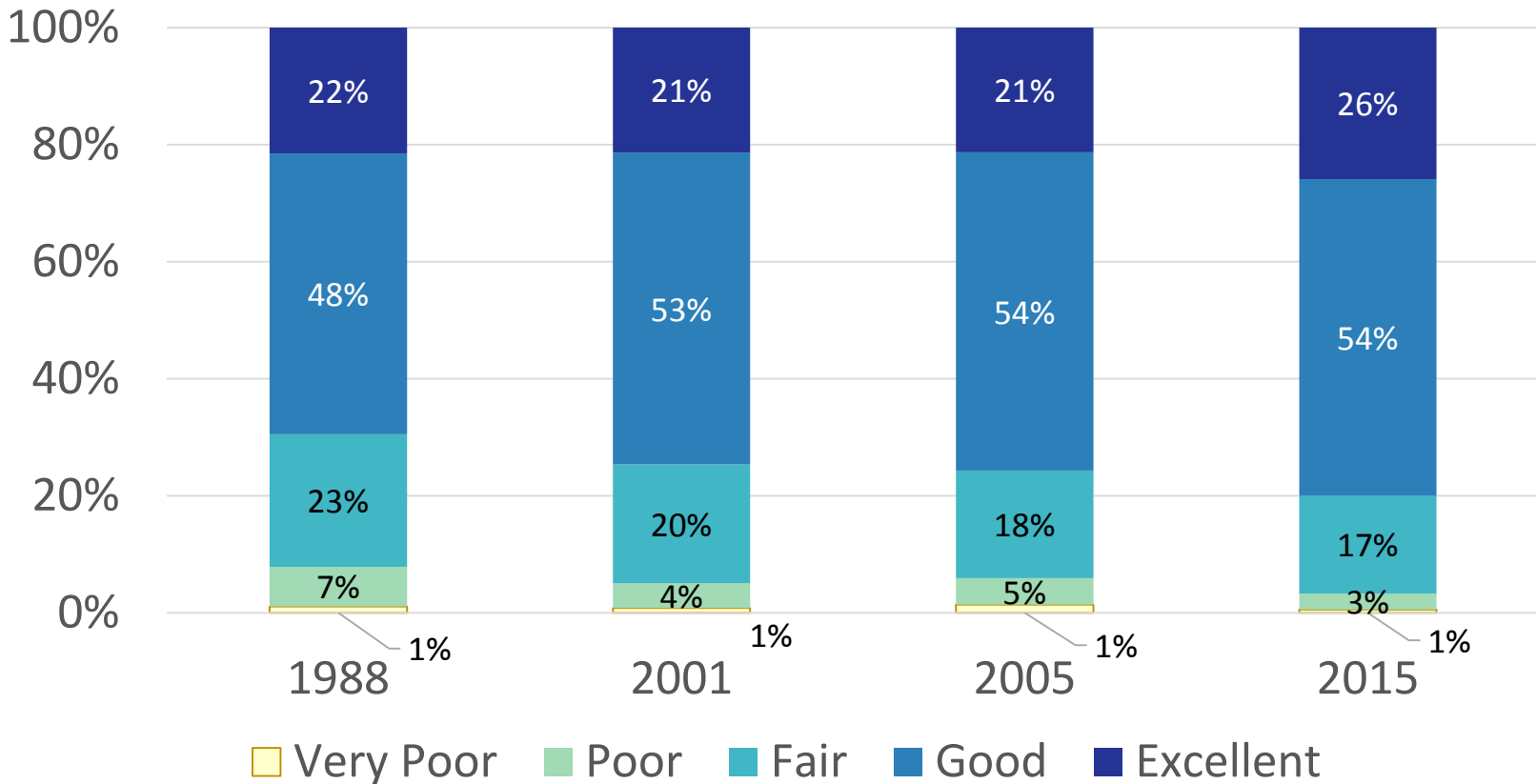


Survey Question: (If living in apartment/multi-unit building or rooming house only) Is this housing for older adults only?

Health and Long-Term Services and Supports

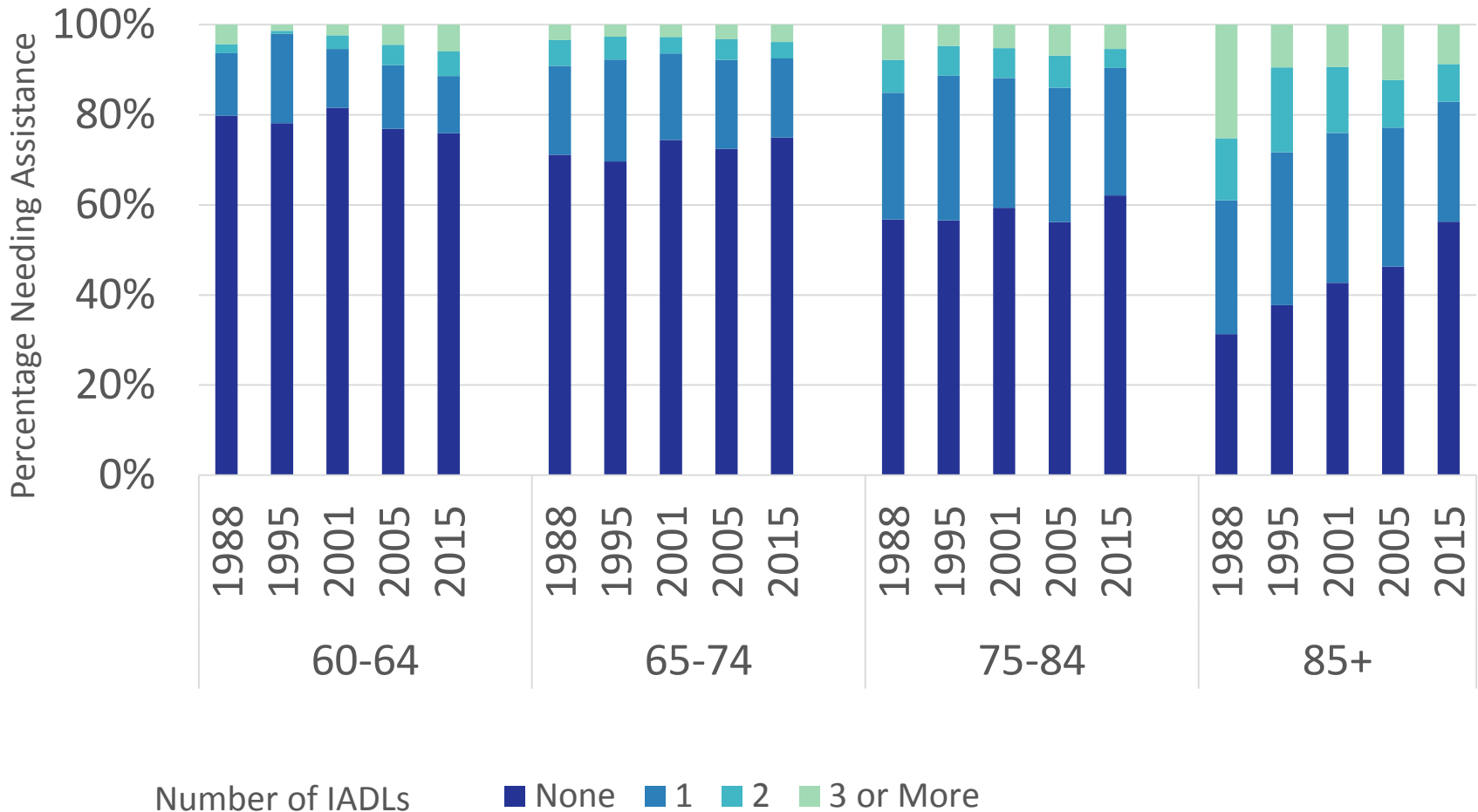


Older Adults Continue to be Healthy



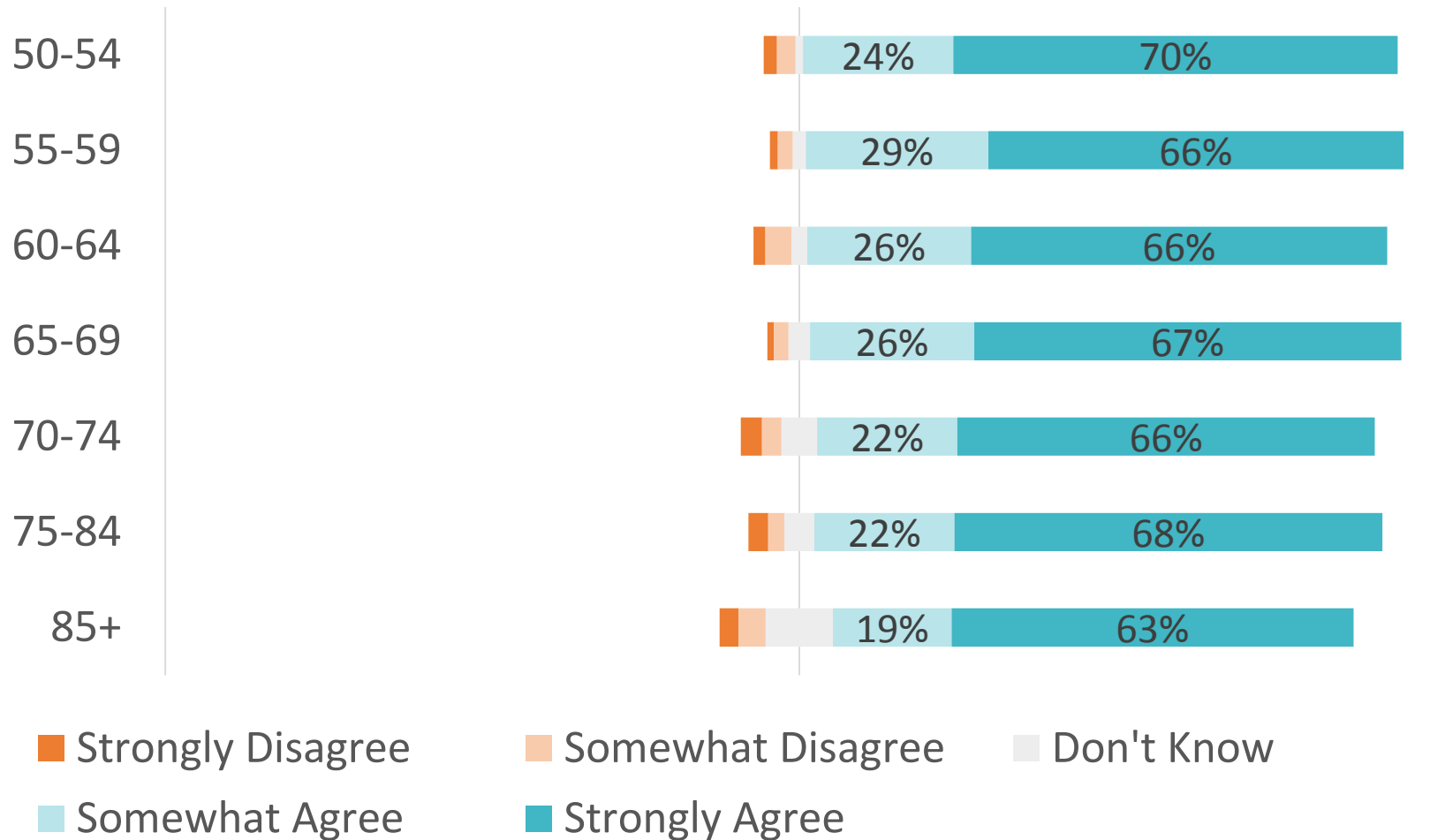
Survey Question: In general, would you describe your current health as excellent, good, fair, poor, or very poor?

Oldest Minnesotans Need Less Help with IADLs

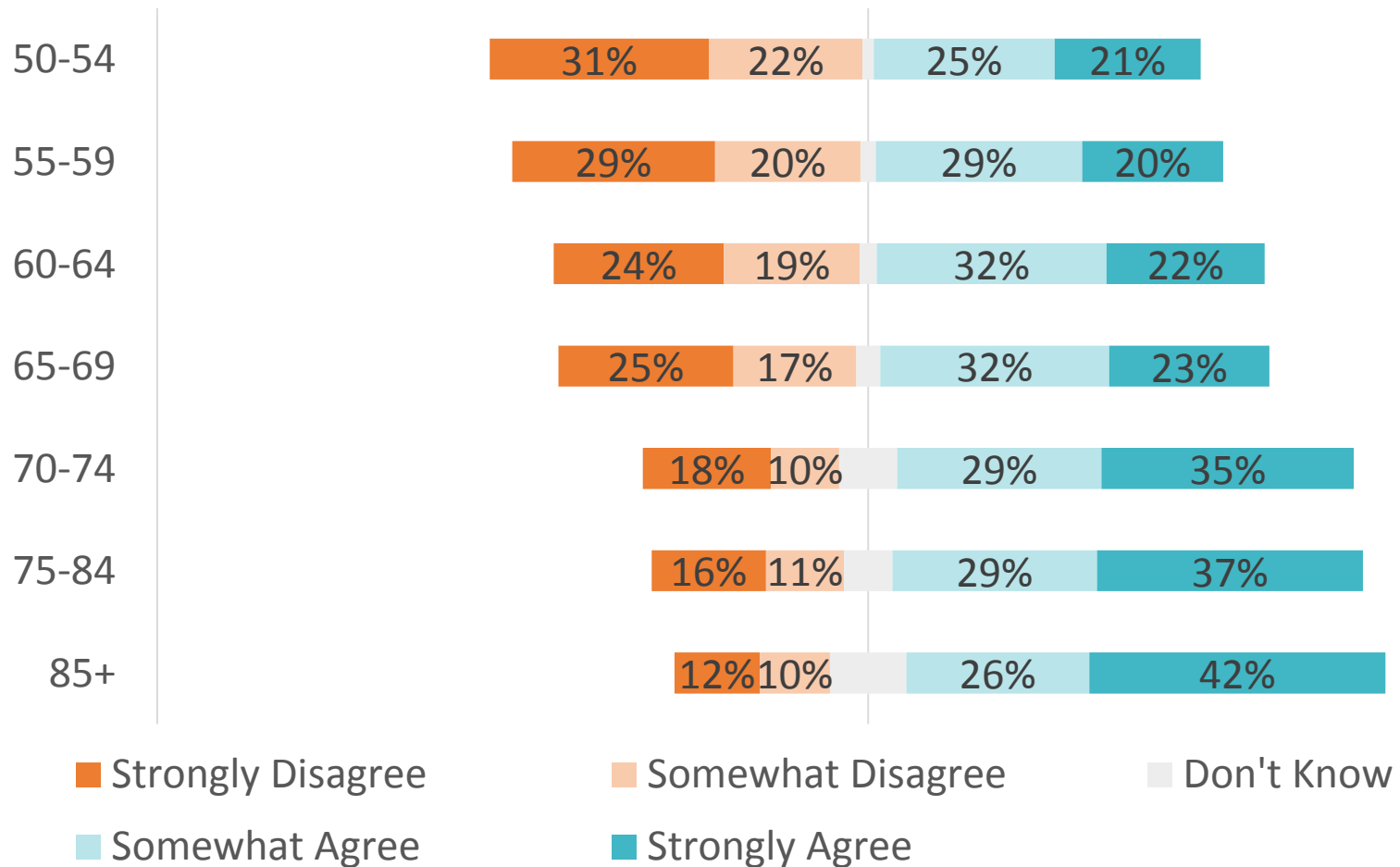


Survey Question: Do you have difficulty (shopping for groceries) because of a health or physical problem?

Planning can help me stay at home

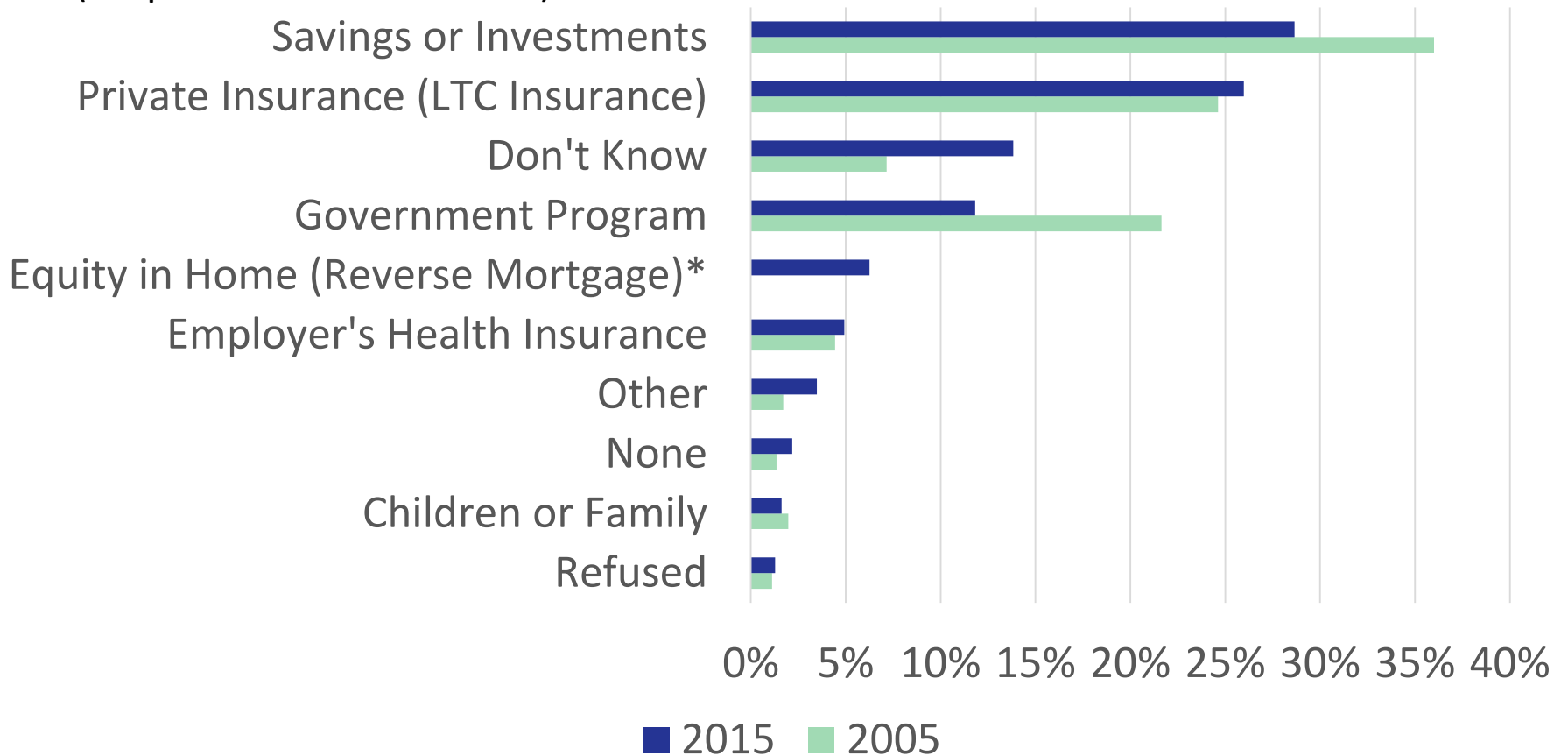


I'd rather deal with long-term care needs when they occur



Many Older Adults Expect Savings or Insurance to Pay for Long-Term Care

(Respondents 50 and Older)



Survey Question: If you need long-term care (for example: help in your home, assisted living or nursing home care) at some time in the future, how do you think that will most likely be paid for? Would you say....

* Equity in home was not given as an option in 2005

Gaps Analysis

Lead agency representatives rated:

- transportation,
- chore services,
- personal care assistance, and
- respite care

among the largest or most significant gaps between older adults' needs and the availability of services to meet them.

Caregiving



YOU CALL IT

**“refilling
prescriptions
for my mom.”**

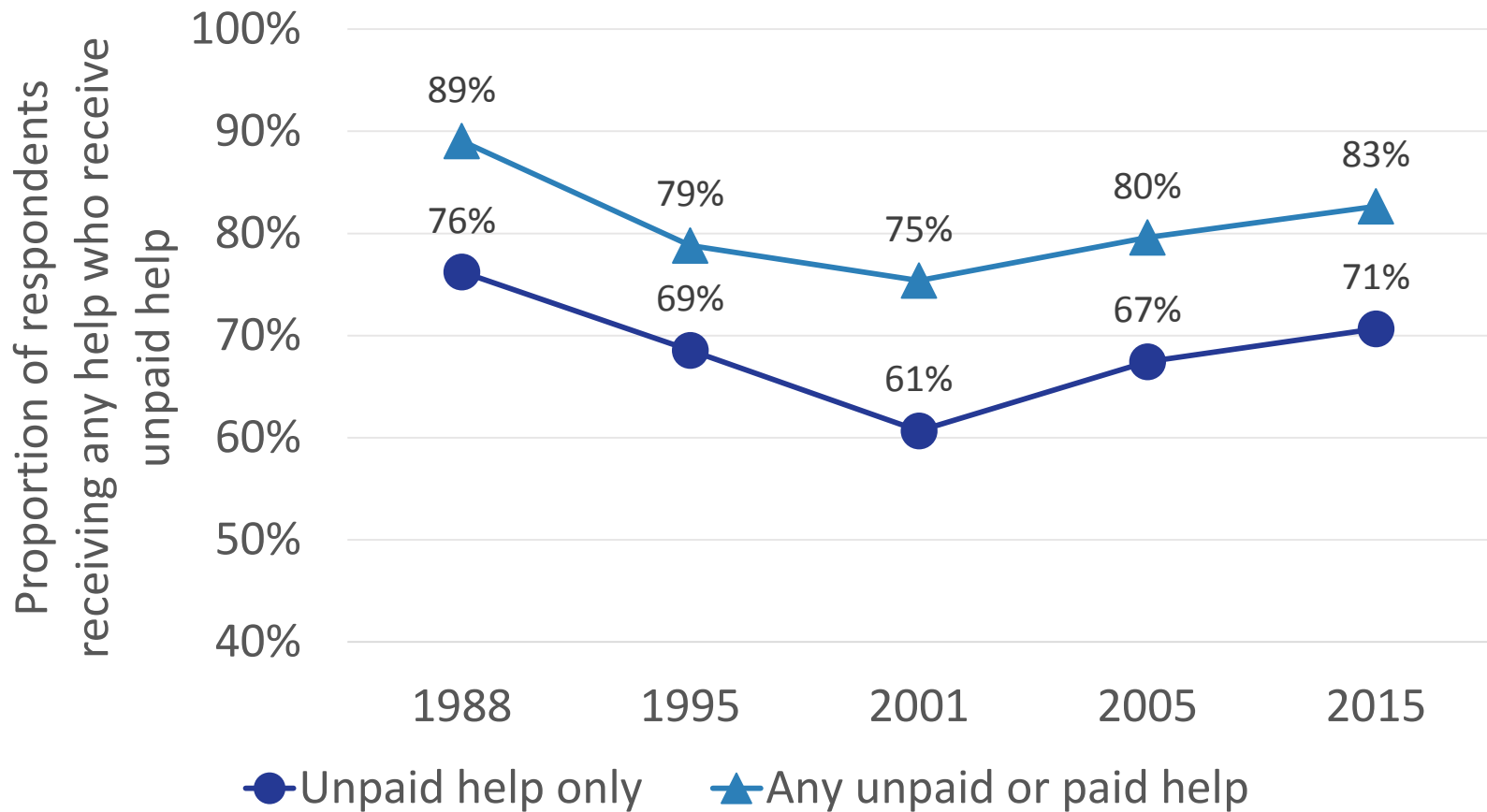
WE CALL IT

caregiving.

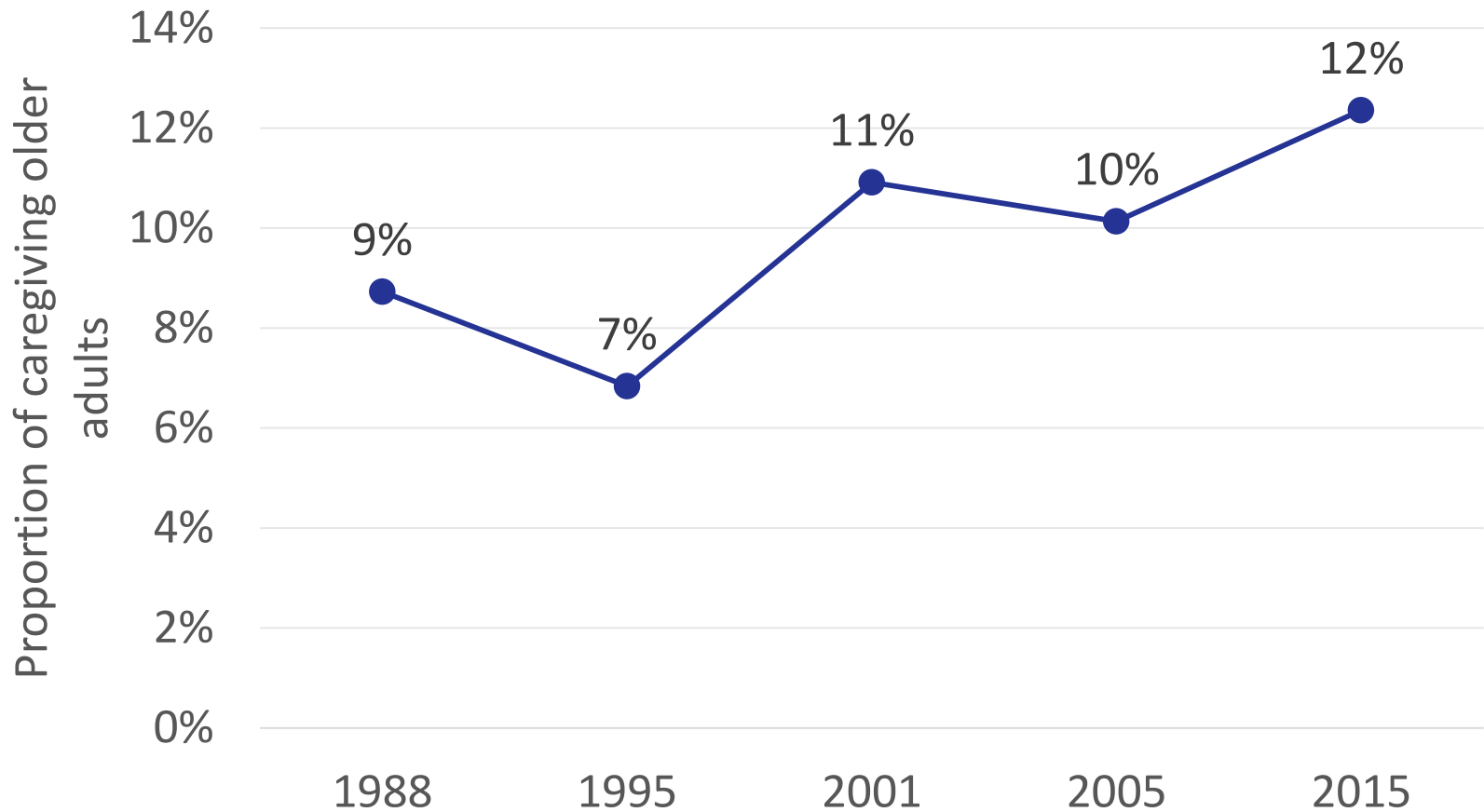
You or someone you know may be a caregiver.
WhatIsACaregiver.org

 AMHERST H.
WILDER
FOUNDATION
Here for good.

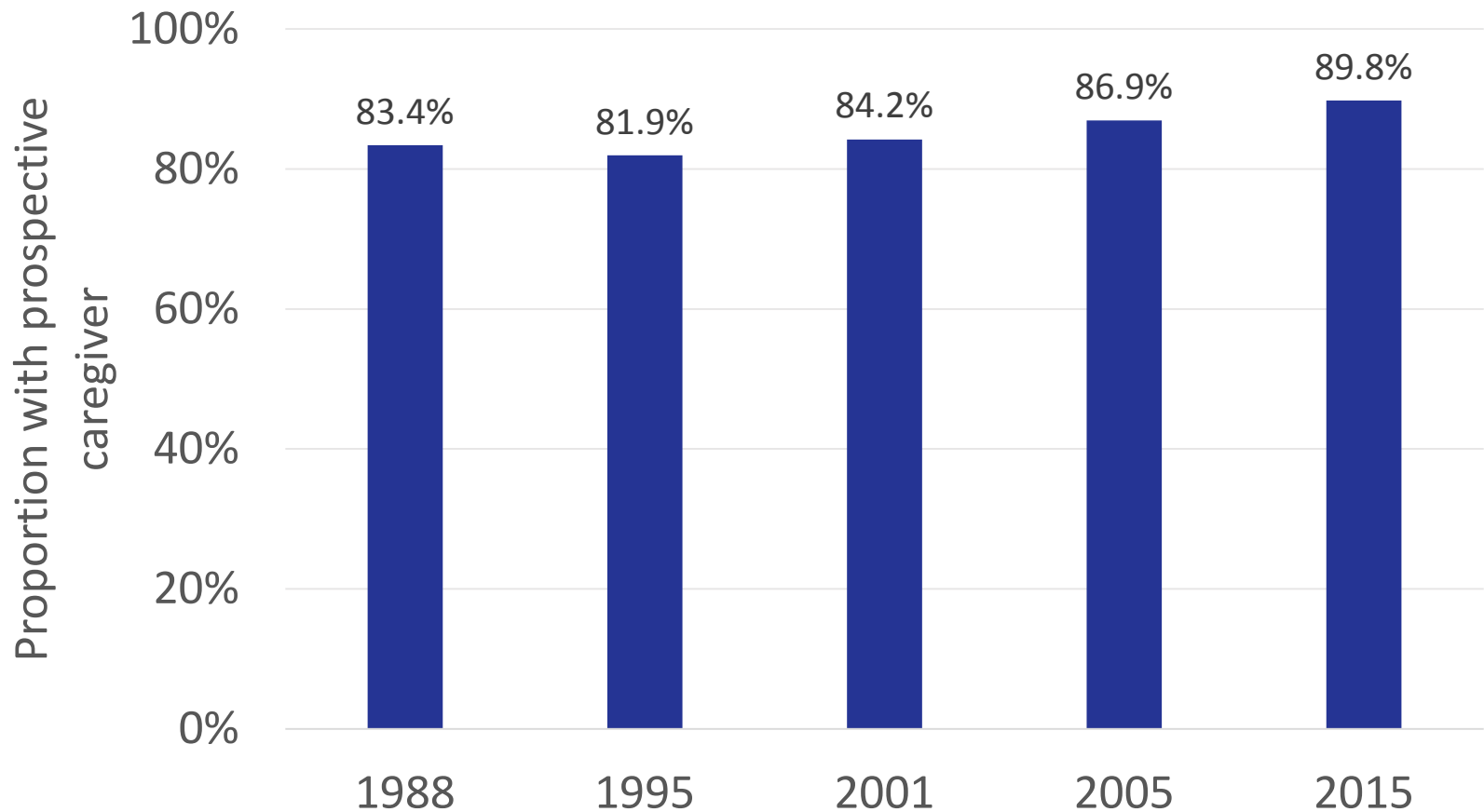
Unpaid Caregiving is Slightly Increasing



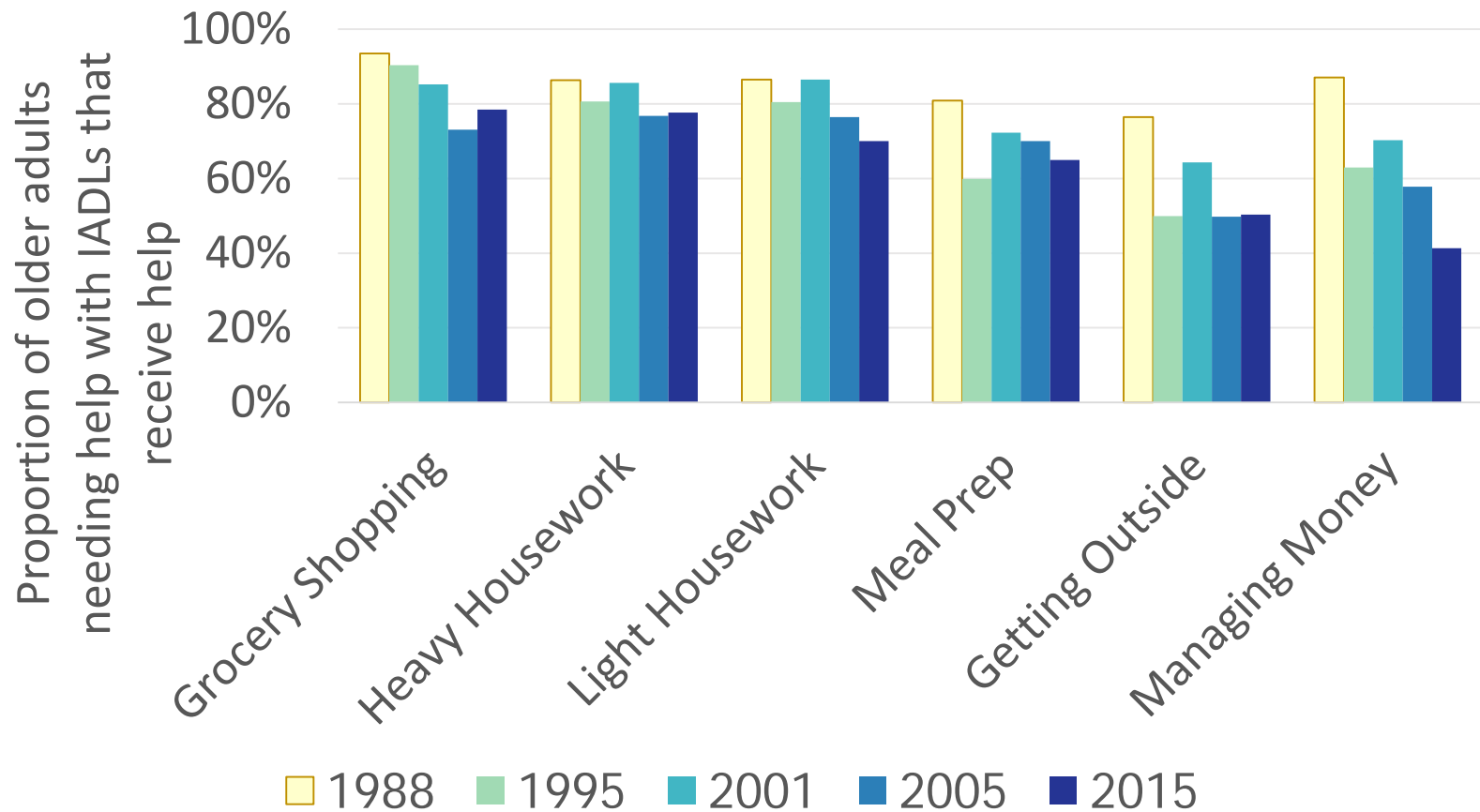
Rate of Caregiving is Increasing



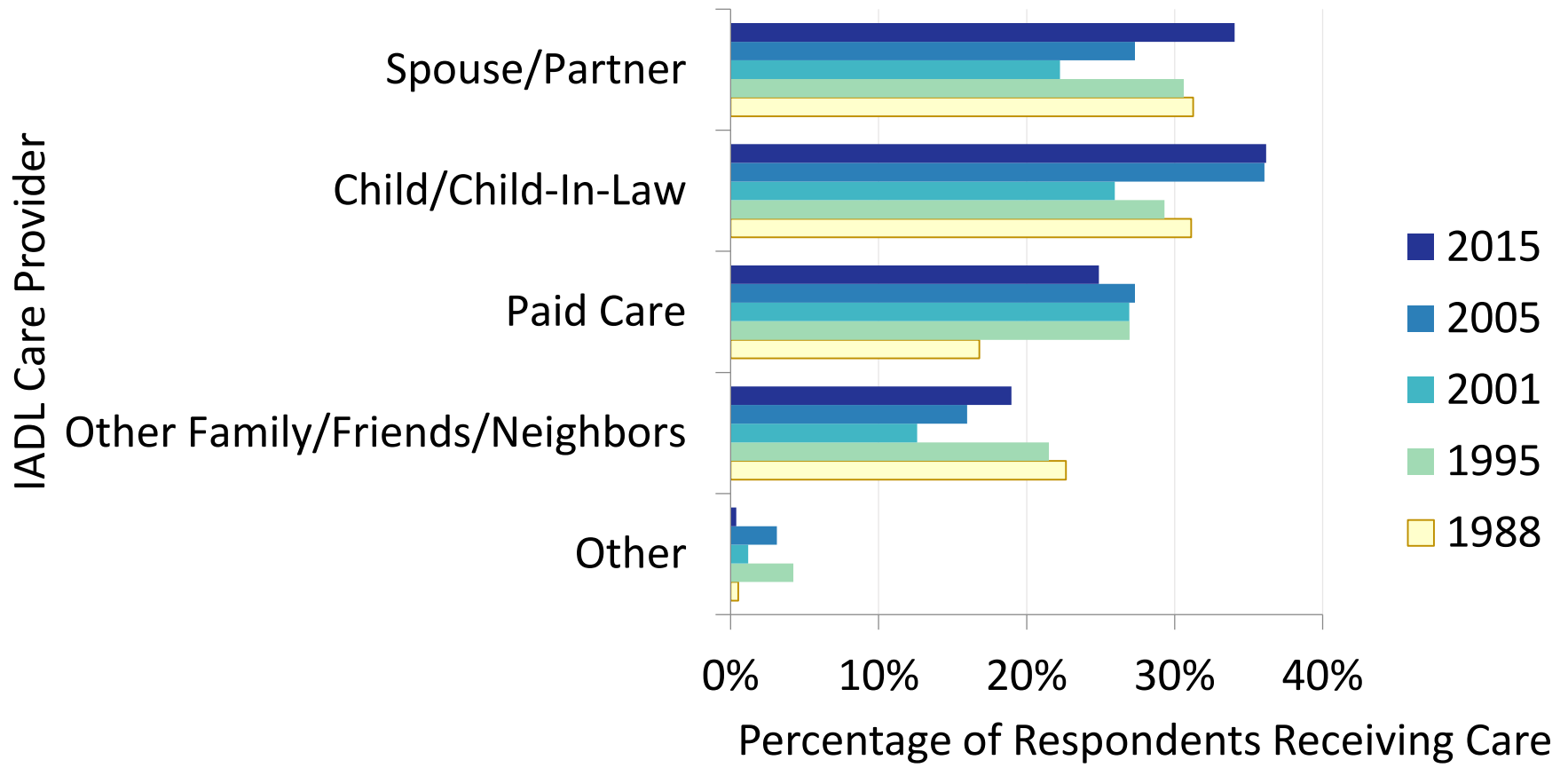
Proportion of Older Adults with Prospective Caregiver is Increasing



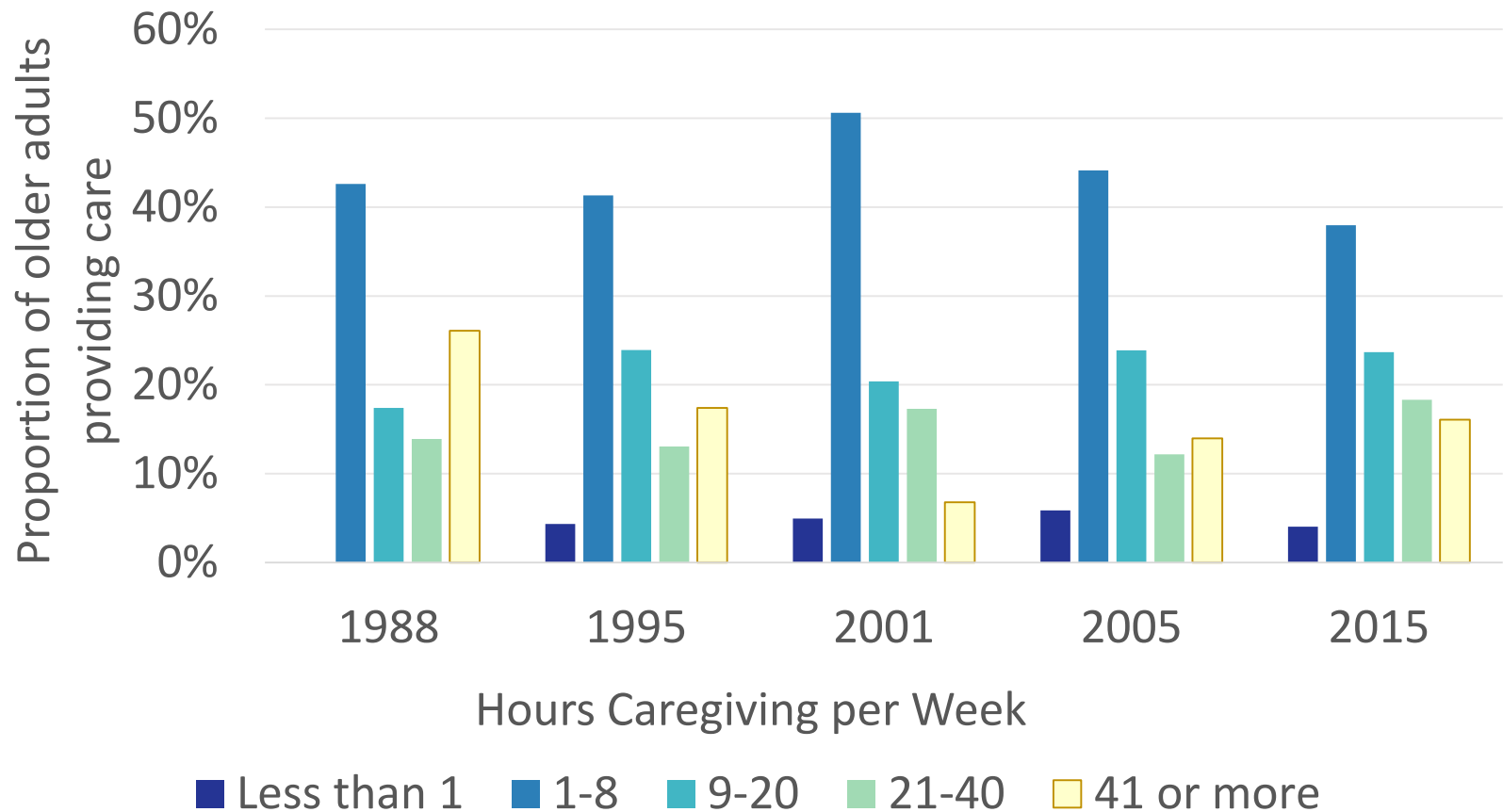
Older Adults Receive Less Help with IADLs



Older Adults Continue Receiving Most Help from Spouse or Children



Hours Spent Caregiving by Older Adults Age 60 and Older Varies Over Time



For More Information

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Visit the site

<http://www.mnaging.net/en/Advisor/SurveyOlderMN.aspx>